

The Communicant

News and Notices for the Diocese of Edinburgh

26th January 2017



Published by the Diocesan Office fortnightly, and circulated to all Clergy, Lay Readers, Treasurers & Vestry Secretaries, and Diocesan Synod Lay & Alternate Lay Representatives.

NEXT EDITION: 9th February 2017

NOTICES

ALL

A New Dean for Edinburgh

Revd Canon Frances Burberry succeeds the Revd Susan Macdonald as the new Dean of Edinburgh Diocese.







The new Dean of the Diocese of Edinburgh is to be the Revd Canon Frances Burberry. She will continue as Rector of St Ninian's, Comely Bank but will relinquish her role as Synod Clerk to the diocese, to which she was elected in 2016.

The Rt Revd Dr John Armes, Bishop of Edinburgh, speaking about the appointment, said: *'The role of Dean is a challenging one. I believe that Frances has gifts and experience that will be of great service to our diocese,'* he said. *'Last year her clergy colleagues showed their confidence in her by electing her Synod Clerk. She now moves from being the senior elected priest in the diocese to being the senior appointed priest. She will continue to be the Rector of a busy congregation whilst also becoming a key member of our diocesan leadership team.'*

Commenting on her appointment, Canon Burberry said, *'It's an enormous honour to have been invited by Bishop John to be Dean of the Diocese of Edinburgh. I've been truly humbled by the warmth of support and encouragement I've received during my time as Synod Clerk; and by the confidence and trust that Bishop John and others have placed in me. I'm very much looking forward to working alongside Bishop John, and with people throughout the Diocese as we participate in God's mission and face future changes and challenges together, and to continuing in my role as Rector of St Ninian's, Comely Bank.'*

Canon Burberry will be installed as Dean at a ceremony at **3.30pm on 5th March** at St Mary's Cathedral, Palmerston Place at Choral Evensong.

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| SYNOD: HOUSES OF CLERGY & LAITY | NOMINATIONS & ELECTIONS At Synod on 11 March, there will be a number of elections, including Frances' replacement as Synod Clerk. Nominations for that office can ONLY be proposed and seconded by members of the House of Clergy. Synod papers will be published in just over a week's time. Nomination forms will be included, but are also available at http://edinburgh.anglican.org/resources/diocesan-vestry-resources/ |
| VESTRY SECRETARIES & TREASURERS | Annual Forms The deadline for return of all annual forms is 31st JANUARY . Can you check the schedule (<i>further on, in this edition</i>), to see which forms are missing? We only have 64% of the forms in so far, which means we still have 98 still to come in. http://edinburgh.anglican.org/resources/diocesan-vestry-resources/ |
| TREASURERS | Tax Guide for Clergy & Churches The Baptist Church has produced a good set of guidance for "Churches and Ministers", covering a wide range of topics, and includes a section on "MINISTER'S TAX RETURN AND CLAIM FOR EXPENSES", which some may find useful. It can be found online at http://www.baptist.org.uk/Publisher/File.aspx?ID=111382&view=browser |
| ALL |  Do you have any short news items (especially with a photo) or reviews for the 'agenda' page of The Edge ? If so please send it as soon as possible to editor@edinburghdiocese.org.uk |
| YOUTH & CHILDREN | News from the Youth and Children Officer You can find all the latest news here: https://edinburgh.anglican.org/wp-content/uploads/2016/12/Winter 2016 Newsletter.pdf This edition features reports on the Sci-Fi Sleepover and the Play Church Dedication. Claire Benton-Evans, Diocesan Youth and Children Officer e-mail: youthandchildren@dioceseofedinburgh.org Office line: 0131 346 9081 Work mobile: 0747 372 8148  |
| ALL | News from the Adventures in Faith Coordinator Adverts now welcome for the next Adventures in Faith newsletter – <i>by 1st February</i> . For events, courses, retreats, discipleship training, Lenten happenings etc. in the Diocesan area March to June. Please send brief wording to adventures@dioceseofedinburgh.org and include a phone number as well as an email contact. AIF is piloting online learning in the Diocese during Lent – please find details on the front page of the Newsletter . If you are interested in taking part in future online learning opportunities in your own area, or if you would like to <i>host</i> a local group in conjunction with online material we want to hear from you. This is one way we can be responsive to various needs around the geographical spread of the diocese – no commitment needed at the moment but do let us know if you would like to be part of the conversation. We will offer more courses on different topics in response to interest. adventures@dioceseofedinburgh.org  |
| TREASURERS | Quota Details of quota payments due by charges for 2017 were emailed to Treasurers on 14 November. A covering letter sets out the context for quota, and invites Charge Treasurers to complete their finance schedule (which will be used to calculate quota for 2018). There is also useful guidance concerning the operation of quota and completion of the finance |

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| | <p>schedule. You can find the papers online at http://www.edinburgh.anglican.org/diocesan-vestry-resources/ Please direct any comments or questions to the Diocesan Treasurer.</p> |
| ALL | <p>Diocesan Office Staff Changes Elizabeth White is stepping down as Administrative Assistant at the Diocesan Office in February in order to focus on coordinating Adventures in Faith, and her Spiritual Direction and Pastoral Supervision work. Elizabeth's temporary replacement is Ann Rae – arae@dioceseofedinburgh.org 0131 346 9081</p> |
| ALL | <p>Very many congratulations to The Revd Dr Harriet Harris, Chaplain, University of Edinburgh, who has been awarded an MBE for services in the New Year's Honours list, for services to Multi-Faith Education and Community Cohesion.</p>  <p>And also to Andrew Kerr, a long-standing active member of Old St Paul's Church, who has been made MBE by Her Majesty the Queen in the New Year Honours list, for services to the arts and conservation.</p> |
| TREASUERS | <p>Allchurches Trust Limited: Roof Protection Scheme grants</p> <p>This is a special scheme, which we established this year for churches who face a particularly high risk of metal theft. This scheme was initially by invitation only and was towards the cost of an alarm/protection system approved by their insurer (whoever that may be), but requiring a commitment by the vestry to maintain the system for a minimum of five years.</p> <p>Allchurches Trust has opened the scheme more widely to any church wishing to apply for a grant through it. The conditions remain the same. However, the grant potentially available to any churches not on our original 'at particularly high risk' list is for the lesser amount of £1000.</p> <p>Though there has already been an encouraging take-up of grants available under this scheme, we are writing to you now to highlight its wider availability, and to advise you that the closing date for receipt of applications has, for the time being, been extended to 31st March 2017, though this will be kept under review in the light of take-up and available funds. Churches wishing to know more can access further information and a downloadable simple application form on a dedicated page on our website: http://www.allchurches.co.uk/news/roof-protection-scheme. Completed applications, and any queries, should be sent to the dedicated e-mail address for the scheme: rps@allchurches.co.uk, and we would urge any parishes wishing to apply for a grant to do so as soon as possible. We aim to give a response to all applications within one month of receipt, and would normally expect works funded with the help of a grant under this scheme to be completed by 31st December 2017, though in exceptional circumstances we may agree to an extension to this.</p> <p>Jeremy Noles, Grants Officer - Allchurches Trust Limited Office: 01206 866019 Mobile: 07748 761191 jeremy.noles@allchurches.co.uk www.allchurches.co.uk</p>  |

ALL**News from the Bishop's Enabler of Mission
Fascinating Statistics!**

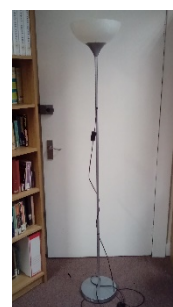
One of the essential foundations for discerning and developing appropriate engagement with our communities, is to understand more about the people we live amongst. Did you know that the Church of Scotland has a fabulous resource on their website which gives an incredible breakdown of the demographics of every one of their parishes? It can be found through the church finder option on their home page: http://cos.churchofscotland.org.uk/church_finder/ where you can type in your church postcode which brings up a list of the parishes nearby. Choose which one is closest (or which matches your area best), click on the church profile and contact option, then scroll down to see a parish statistics option. It gives a fascinating summary of the 2011 Census statistics for your area, an invaluable resource to inform and shape mission. More details from Annie Naish at mission@dioceseofedinburgh.org or 0131 346 9089

**ALL****Free to a Good Home**

We have two bookcases - possibly more - available from the Diocesan Office in the next fortnight.

Three grey Ikea lights available now (*right*)

One 4 drawer filing cabinet, with a couple of dozen used hangers inside. No key.













Grey tabletop index filing drawers (no 'F' or 'XYZ' divider card).

Please contact the office if you are interested in any item
office@edinburgh.anglican.org

Accounts and Annual Schedules Received 2016/17

26/01/2017

| | <i>Charge</i> | <i>Draft Accounts Received</i> | <i>Audited Accounts</i> | <i>Financial schedule</i> | <i>Diocesan Schedule</i> | <i>Cong Stats</i> | <i>PVG rtn</i> |
|------|---------------------------------------|------------------------------------|-----------------------------|-------------------------------|------------------------------|-------------------|----------------|
| 1.01 | St Mary's Cathedral | | 26 Jan 17 | | 26 Jan 17 | 20 Jan 17 | 20 Jan 17 |
| 1.02 | BALERNO St Mungo's | | 24 Jan 17 | 24 Jan 17 | 24 Jan 17 | 28 Nov 16 | 24 Jan 17 |
| 1.03 | BATHGATE, St Columba's | | 20 Oct 16 | 20 Oct 16 | 10 Jan 17 | 12 Dec 16 | 10 Jan 17 |
| 1.04 | BO'NESS St Catharine's | 12/12/2016 | | 12 Dec 16 | | 7 Dec 16 | |
| 1.05 | COLDSTREAM St Mary and All Souls | | 13 Dec 16 | 30 Nov 16 | 13 Dec 16 | 13 Dec 16 | 13 Dec 16 |
| 1.06 | DALKEITH, St Mary's | | | | 4 Jan 17 | 4 Jan 17 | |
| 1.07 | DALMAHOY St Mary's | | 2 Dec 16 | 2 Dec 16 | 23 Nov 16 | 28 Nov 16 | 23 Nov 16 |
| 1.08 | DUNBAR St Anne's | | | 20 Jan 17 | | 11 Jan 17 | |
| 1.09 | DUNS Christ Church | | | | | 13 Dec 16 | |
| 1.10 | EDINBURGH Christ Church, Morningside | | 29 Nov 16 | 7 Dec 16 | | 23 Jan 17 | |
| 1.11 | EDINBURGH Emmanuel Church, Clermiston | | 10 Jan 17 | 10 Jan 17 | | 7 Dec 16 | |
| 1.12 | EDINBURGH Good Shepherd, Murrayfield | | 4 Jan 17 | | 7 Dec 16 | 7 Dec 16 | 7 Dec 16 |
| 1.13 | EDINBURGH Holy Cross, Davidsons Mains | | 30 Nov 16 | | | | |
| 1.14 | EDINBURGH Old St Paul's | | 5 Dec 16 | 5 Dec 16 | 13 Dec 16 | 7 Dec 16 | 10 Jan 17 |
| 1.15 | EDINBURGH St Barnabas', Moredun | | 29 Nov 16 | 29 Nov 16 | 6 Jan 17 | 29 Nov 16 | 6 Jan 17 |
| 1.16 | EDINBURGH St Columba-by-the-Castle | | | | 7 Dec 16 | 28 Nov 16 | 16 Jan 17 |
| 1.17 | EDINBURGH St Cuthbert's, Colinton | | 10 Jan 17 | 10 Jan 17 | 10 Jan 17 | 29 Nov 16 | 10 Jan 17 |
| 1.18 | EDINBURGH St David's, Pilton | | 29 Nov 16 | 25 Nov 16 | 5 Jan 17 | 19 Jan 17 | 12 Jan 17 |
| 1.19 | EDINBURGH St Fillan's, Buckstone | | 9 Dec 16 | 9 Dec 16 | | 7 Dec 16 | 9 Dec 16 |
| 1.21 | EDINBURGH St James the Less, Leith | | 18 Jan 17 | 18 Jan 17 | 16 Jan 17 | 16 Jan 17 | 18 Jan 17 |
| 1.22 | EDINBURGH St John's, Princes Street | | 13 Dec 16 | 30 Nov 16 | 30 Nov 16 | 30 Nov 16 | 30 Nov 16 |
| 1.23 | EDINBURGH St Margaret's, Easter Road | | | | | 7 Dec 16 | |
| 1.24 | EDINBURGH St Mark's, Portobello | | 26 Jan 17 | 26 Jan 17 | 26 Jan 17 | 25 Nov 16 | 26 Jan 17 |
| 1.25 | EDINBURGH St Martin of Tours | | 12 Dec 16 | 12 Dec 16 | 10 Jan 17 | 13 Dec 16 | |
| 1.26 | EDINBURGH St Michael and All Saints | | 19 Dec 16 | 19 Dec 16 | | 15 Dec 16 | 19 Jan 17 |
| 1.27 | EDINBURGH St Ninian's, Comely Bank | | 13 Dec 16 | | 16 Jan 17 | 7 Dec 16 | 16 Jan 17 |
| 1.28 | EDINBURGH St Paul's and St George's | | | | | 20 Jan 17 | |
| 1.29 | EDINBURGH St Peter's, Lutton Place | | 19 Dec 16 | 19 Dec 16 | 9 Dec 16 | 9 Dec 16 | 9 Dec 16 |
| 1.30 | EDINBURGH St Philip & St James | | | | | 4 Jan 17 | 17 Jan 17 |
| 1.31 | EDINBURGH St Salvador's, Stenhouse | | 28 Nov 16 | 28 Nov 16 | 22 Nov 16 | 30 Nov 16 | 2 Dec 16 |

| | <i>Charge</i> | <i>Draft Accounts Received</i> | <i>Audited Accounts</i> | <i>Financial schedule</i> | <i>Diocesan Schedule</i> | <i>Cong Stats</i> | <i>PVG rtn</i> |
|------|--|------------------------------------|---|---|---|---|---|
| 1.32 | EDINBURGH St Thomas', Corstorphine | | 10 Jan 17 | 10 Jan 17 | | 4 Jan 17 | |
| 1.33 | EDINBURGH St Vincent's, Stockbridge | | | | 16 Jan 17 | 16 Jan 17 | |
| 1.34 | EYEMOUTH, St Ebba's | | | | | | |
| 1.35 | FALKIRK, Christ Church | | 31 Oct 16 | 31 Oct 16 | 23 Jan 17 | 7 Dec 16 | |
| 1.36 | GALASHIELS, St Peter's | | | 15 Nov 16 | 12 Dec 16 | 12 Dec 16 | 12 Dec 16 |
| 1.37 | GRANGEMOUTH, St Mary's | | 29 Nov 16 | 29 Nov 16 | 23 Nov 16 | 29 Nov 16 | 29 Nov 16 |
| 1.38 | GULLANE St Adrian's | | 7 Dec 16 | 7 Dec 16 | 9 Dec 16 | 20 Jan 17 | |
| 1.39 | HADDINGTON Holy Trinity | | | | | 7 Dec 16 | |
| 1.40 | HAWICK St Cuthbert's | | 19 Dec 16 | 19 Dec 16 | 11 Jan 17 | 11 Jan 17 | 11 Jan 17 |
| 1.41 | INNERLEITHEN, St Andrew's | | | | | | |
| 1.42 | JEDBURGH, St John's | | | | 26 Jan 17 | 7 Dec 16 | 25 Jan 17 |
| 1.43 | KELSO, St Andrew | | 5 Dec 16 | 5 Dec 16 | 13 Dec 16 | 19 Dec 16 | 19 Dec 16 |
| 1.44 | LASSWADE St Leonard's, | | | | 18 Jan 17 | | 25 Jan 17 |
| 1.45 | LINLITHGOW, St Peter's | | | | 16 Jan 17 | 12 Dec 16 | 16 Jan 17 |
| 1.46 | LIVINGSTON | | | | | | |
| 1.47 | MELROSE Holy Trinity | | | | 12 Jan 17 | | 12 Jan 17 |
| 1.48 | MUSSELBURGH St Peter's, | | 16 Jan 17 | 16 Jan 17 | | 5 Dec 16 | |
| 1.49 | NORTH BERWICK St Baldred's, | | | | 12 Jan 17 | 30 Nov 16 | |
| 1.50 | PEEBLES St Peter's | | 22 Nov 16 | 22 Nov 16 | | | |
| 1.51 | PENICUIK St James the Less, | | 10 Jan 17 | 10 Jan 17 | 10 Jan 17 | 17 Jan 17 | 17 Jan 17 |
| 1.53 | ROSLIN St Matthew's | | 11 Nov 16 | 20 Dec 16 | | | |
| 1.54 | SELKIRK St John's | | 20 Jan 17 | 12 Jan 17 | | 21 Dec 16 | |
| 1.55 | SOUTH QUEENSFERRY, St Mary of Mount Carmel | | | | | 7 Dec 16 | |
| 1.56 | WEST LINTON St Mungo's | | | 12 Dec 16 | | | |
| | | | | | | | |
| 54 | | | 33 | 33 | 32 | 45 | 29 |
| | | | 54 | 54 | 54 | 54 | 54 |
| | Return Rate | |  61% |  61% |  59% |  83% |  54% |
| | Outstanding | |  21 |  21 |  22 |  9 |  25 |

DIARY

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| Thursday 26 January | The Bishop attends the RMCU service with the Bishop of Southwark preaching |
| Sunday 29 January | Bishop John preaches and presides at the service of blessing for the Memorial Garden, Holy Trinity, Haddington |
| Tuesday 31 January | The Diocesan Standing Committee meets today |
| Thursday 2 February | The Information & Communications Committee meets today |
| FEBRUARY |  During January and February Play Church will be at: St Mark's Portobello |
|  | Spring 2017 Synod - Saturday 11 March 2017 at St Paul's & St George's Church, Edinburgh. Starting at 9.45am Autumn 2017 Synod - evening of Thursday 26 October 2017 <i>Venue to be confirmed</i>  |

CHANGES

- Jenny Paton-Williams Licensed as Lay Reader, St Columba's by the Castle

Trustee Advert



Our mission is 'Caring for Seafarers around the world'. We are a leading Christian voluntary organisation linked to the Scottish Episcopal Church working with Seafarers of all nationalities and religions throughout Scotland.

If you would like to use your skills and experience at Board/Trustee level to help us help seafarers, we very much look forward to hearing from you.

Trustees

We are looking for committed individuals to expand the range of Trustee skills as well as to consolidate existing skills with an eye to succession planning. We require dynamic and motivated people who are sympathetic to the aims and objectives of the Mission to Seafarers Scotland to fulfill these voluntary duties. We expect Trustees to contribute actively to the Board by giving strategic direction; setting overall policy; defining goals and setting targets; evaluating performance; ensuring the charity's effective and efficient administration and financial stability.

We want to have a wide range of people on the Board, and seek to be representative of the diverse population of Seafarers who visit our Scottish ports. There is no need to have trustee experience to apply. An interest in supporting seafarers is necessary.

In addition, on the basis of a recent skills audit, we are looking for someone with marketing or volunteer recruitment skills, to deepen our expertise in that area.

Trustees are expected to

- attend up to seven meetings a year and an annual planning day;
- get involved in support work including fixed term projects;
- contribute advice and support on an ad hoc basis; and
- attend events.

All reasonable travel and out of pocket expenses will be paid.

How to apply: If you would like to express your interest in this position, please email timothy.tunley@mtsmail.org and we will forward an application.

CHAPLAINS NEEDED - Edinburgh Sheriff Court

The Listening Service is a new multi-faith chaplaincy at Edinburgh Sheriff Court and Justice of the Peace Court. Courts can be very difficult and confusing places for anyone who uses them and this new service, launched in December 2016 and developed with the Edinburgh Inter-Faith Association, offers a non-judgemental listening ear for people of all faiths and none.



The service was launched with a team of 19 chaplains and this team is planned to be expanded in the New Year. Could you be a chaplain? If so, please register your interest by the end of January 2017.

Voluntary chaplains will come from many backgrounds and do not need any previous experience of this sort of work.

They do need to be:

- willing to talk with and listen to people who are under stress or feeling confused and vulnerable.
- be aware of the need for confidentiality
- broad minded and non-judgmental
- caring and patient
- sympathetic to people in difficult circumstances
- friendly and supportive
- available for at least half a day (4 hours) each fortnight (preferably weekly)

There are no age or gender restrictions and interest is welcomed from people of all faiths and none. Full training will be given and chaplains will be supported and supervised in their work. Initial training will be undertaken over two full days. References will be required and volunteers will be required to complete a Basic Disclosure (on-line) at Disclosure Scotland.

Please contact Andrew Letby by email at courtchaplaincy@gmail.com or call 0131 662 8635

Facebook Page: <http://www.facebook.com/EdinburghCourtChaplaincy/>



Days for Girls Workshop

**Saturday 4th March 2017 from 10am to 4pm at
St Columba's by the Castle, 14 Johnston Terrace, Edinburgh, EH1 2PW**

Days for Girls is an initiative to help girls in developing countries to remain in education even when they are having their periods. In many places across the world women and girls are seen as unclean when they are bleeding. And if they are unable to manage their periods hygienically they also feel the stigma of this uncleanliness. The answer is "You are not unclean, and with the Days for Girls hygiene kit you can manage your periods and still carry on a normal life".



The project is to make kits and send them, through personal contacts, to schools in parts of the world where they are needed. The kits are designed so that other women can copy the design and make them out of their locally available materials. This is seeding the idea, and spreading a solution to a problem that all women share.

Following the first successful workshop in Scotland in December St Columba's by the Castle is running a **Days for Girls** Workshop on the Saturday nearest to International Women's Day. Come and join us.

To book a place please email Liza Coates on lizfurseroberts@gmail.com or write to Days for Girls, c/o St Columba's by the Castle, 14 Johnston Terrace, Edinburgh, EH1 2PW

EMMSInternational
Health for Today, Hope for Tomorrow

Burns Night Supper & Ceilidh

Friday 27 January
King's Hall, 41A South Clerk Street,
Edinburgh, EH8 9NZ

7pm – 10.30pm

Celebrate Burns Night 2017 with a family friendly Supper & Ceilidh!

Help raise vital funds for healthcare work in Malawi, India & Nepal and dance the night away with our ceilidh band!

Tickets:
£14 early bird / £16
Students: £12 early bird / £10
Children: £5 early bird / £7
Includes: Haggis, neeps, tatties and stovies supper!

Tickets: www.emms.org/events.
Call 0131 313 3828 email events@emms.org

EMMS International Charity No. SC 032327.



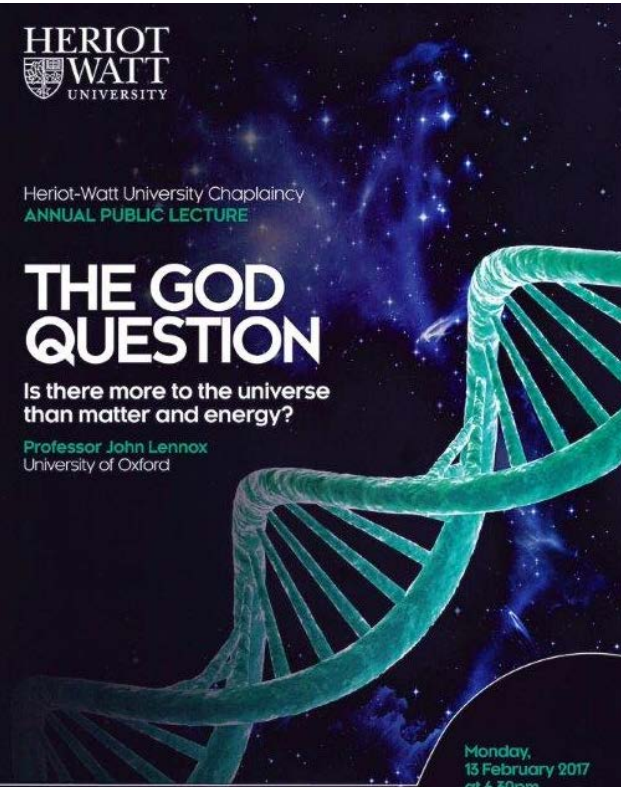
HERIOT WATT UNIVERSITY

Heriot-Watt University Chaplaincy
ANNUAL PUBLIC LECTURE

THE GOD QUESTION

Is there more to the universe than matter and energy?

Professor John Lennox
University of Oxford




Monday, 13 February 2017 at 6.30pm

Refreshments from 5.30pm

James Watt Centre I – Edinburgh Campus

Registration required via eventbrite by 9 Feb 2017
<https://goo.gl/LAA2Tb>
Or contact Ruth.Duncan@hw.ac.uk
t: 0181 451 4608

Regular buses to/from Riccarton, Lothian buses Nos. 25 & 34



paris ♦ erfurt ♦ ghent ♦ oxford ♦ madrid ♦ luxembourg ♦ florence ♦ and more!

Could YOU make the STONES SPEAK?



If you are aged 18–30, free for 3 weeks or more this summer, and would like to work as a tour guide in a European cathedral, living in an international community of young volunteers, visit www.encounterarc.org.uk

ARC UK (registered charity 1111651) is an ecumenical association of young people. Volunteers participate in summer projects, offering guided tours of European cathedrals in their native language. For more details, visit www.encounterarc.org.uk or contact Charley at arcukrecruit@gmail.com

Deadline: 10th March 2017

A Musical Welcome Concert for Refugees



Orchestra of the Canongait

Conductor: Robert Dick Leader: Liz Beeston
Cello: Lindsay Martindale

Dvořák: Carnival overture
Elgar: Cello concerto
Rimsky-Korsakov: Scheherazade

Sunday 26th February 2017
8pm Tickets £10/£8 concessions

St Mary's Episcopal Cathedral
Palmerston Place, Edinburgh

AMNESTY INTERNATIONAL



Open Hands, Willing Hearts

Act justly, love tenderly and walk humbly with your God (Micah 6:8)

A six week course 5 March - 9 April



Delivered online and through a weekly group based at St Martin's Dalry Road, Edinburgh

Why am I here? What is mine to do? Who am I called to be?

If these questions touch something you are yearning for in your spiritual life, then join us for refreshment, vitality and deepening in prayer. Adventures in Faith is partnering with the Shalem Institute to offer this course with both online and in-person components. Recognising and living into one's call is a lifelong process of discernment. Our time together will invite you to look at your life, no matter what age, and notice your unique contribution to God's vision. Through storytelling and sharing of experience, the course will help renew your appreciation of life and cultivate your attention, receptivity and responsiveness to how the Spirit is leading and guiding from within, through nature, and through the people who inspire you.

Week 1: What is Mine to Do?, Week 2: Calling to Embody Love, Week 3: Natural World, Week 4: Role Models, Week 5: Challenges and Underlying Gifts, Week 6: Review and Reflection

Each week, you will receive a Sunday email with a link to new course material online. You will be able to listen to the audio stories and guided meditations as many times as you wish throughout the week from your home computer. Teachings are hosted by YouTube. There will also be opportunities for journaling personally and optional shared journaling online with the larger eCourse community who will be taking part from across the world. On Thursdays, you will receive an email to check in around the course material from that week and this will also be complimented by meeting in person on Thursday evenings in Edinburgh on 9, 16, 23 & 30 March and 6 & 20 April 7.30 - 9pm. This small group will be facilitated by Elspeth Strachan. You will be able to access the online material for two weeks after the course ends.

There are 9 places available this time, **please book by 15 February**. The cost for the online course and weekly group is £75 (£65). Bursary help is available, please enquire.

Please send a cheque payable to 'Edinburgh Diocesan Synod', to Adventures in Faith, 21A Grosvenor Crescent, Edinburgh EH12 5EL Enquires: adventures@dioceseofedinburgh.org

WHO CAN COME?

This course is for anyone who wishes to move from strength to strength and also for those who, from a position of strength and healing, wish to help others.

The course is also an introduction for the Diploma in Counselling for those wishing to become professional counsellors.

The teaching embraces Theology and Psychology, Christian principles of tridimensional healing and is designed to increase self awareness, other awareness and awareness of our potential in God.



WWW.VITALCONNEXIONS.NET

WHERE AND WHEN?

4 DAYS IN EDINBURGH, SCOTLAND

Venue: EDINBURGH (to be confirmed)

FRIDAY 3rd and SATURDAY 4th March 2017 and

FRIDAY 17th and SATURDAY 18th March 2017

COST: deposit of £20 to secure a place further payment of £200 per weekend payable on arrival.

Early bird - book and pay for the first weekend (£200 before 10th January and pay no deposit).

BOOKING FORM:

NAME:

ADDRESS:

EMAIL:

MOBILE:

Please enclose £20 deposit and post to Andrea Wigglesworth, 30 Carlisle Point, North Queensferry, Fife KY11 1ER Cash or cheque payable to Vital Connexions.

"Strength to Strength"



A FOUR DAY COURSE TO
RELEASE SPIRITUAL AND
EMOTIONAL STRENGTH
MARCH 2017
EDINBURGH
with
Andrea Wigglesworth &
Vicky McEvoy



Andrea Wigglesworth and Vicky McEvoy

Andrea Wigglesworth: is an experienced Trainer, Therapist and Supervisor and has many years of expertise planting Wellness Centres throughout Scotland. She has an M.Sc. Counselling Studies (Advanced Practice); M.Sc. Health Promotion and is a COSCA Trainer.

Vicky McEvoy: is an experienced Therapist, Supervisor and Trainer. Vicky has a MA in Supervisory Practice, a B.Th. Higher Dip in Adult Education, and Diplomas in both Counselling and CBT.

Both trainers are also Imago Relationship therapists and train counsellors and pastors to work with couples.

Vital Connexions is the Teaching and Training Consultancy that Vicky and Andrea formed 18 years ago to offer training in many Counselling related subjects to groups all over Ireland, Scotland, China, South Africa, Egypt, Kuala Lumpur, Borneo, Singapore, Vietnam and Cambodia. (www.vitalconnexions.net)

Strength to Strength -EDINBURGH

This course is designed to help you to discover your strengths,
walk out of pain and understand the keys to a healthy soul.

3 John:2



STRENGTH FOR THE JOURNEY

Spiritual health is the key to successful living. Psalm 84:7 promises that we can go from "strength to strength". As we learn to listen to God, wait for Him (Isaiah 40:31) we will have our strength renewed. In the 21st century, the Christian faith can offer great strength and help to a generation that is looking for purpose and hope. This module will focus on keys to develop a healthy faith that will strengthen you to strengthen others.



Strength For The Journey.



Flourishing and Thriving.

STRENGTH FOR THE BODY AND MIND AND SPIRIT

Neuroscience is increasingly offering us amazing insights into the connection between the mind and the body. Physical health and mental health have a strong and vital connection and this module will encourage you to think about your physical wellbeing and take steps to sharpen your mind, examine your perceptions and your choices and develop a "sound mind" in order to have a great life and to empower others to have a great life too.



Work life Balance and
Balancing energy for tasks.



Strength for Body and Mind

STRENGTH FOR THE EMOTIONS

With many broken hearts and negative emotions disempowering many people, this module will examine the root of negative emotions and help you to move from strength to strength as you examine your valley experiences and find gold there. God has created us with amazing potential and resilience. Spiritual truths will give insight and the keys to a prosperous soul will open up closed areas of your life and help you to find turning points.



Post-traumatic growth!
Tri-dimensional healing.



Resilience and Positive
Psychology.

Adventures in Faith presents:

The Miracle of Mindfulness

Lenten Wednesday 8, 15, 22 and 29 March 7.30 - 9pm

St Philip's Church, Logie Green Road, Canonmills, Edinburgh

During Lent, Peter and Elspeth Davey will facilitate four sessions on the practice of Mindfulness. How does Mindfulness relate to the Christian tradition and where might this find a place in our own lives? Based on the practice of Zen master Thich Nhat Hahn, we will focus on how mindfulness can



enrich and inform the Way of Jesus. Each evening will include simple experiential activities and opportunities to share, to help us become fully alive and awake to the 'miracle of mindfulness'.

These sessions are open to anyone and no previous experience of Mindfulness is required. Peter and Elspeth have facilitated a weekly evening of Mindfulness in their village of Cockburnspath for more than five years.

This is an Adventures in Faith event: £40 (£35), cheque payable to Edinburgh Diocesan Synod, 21A Grosvenor Crescent, Edinburgh EH12 5EL. Bursary help is available, please enquire adventures@dioceseofedinburgh.org 07398 954 011

Quiet Day: Light in the Darkness

Saturday 4th February, 10am-4pm, Emmaus House, 14 Gilmore Place, Edinburgh

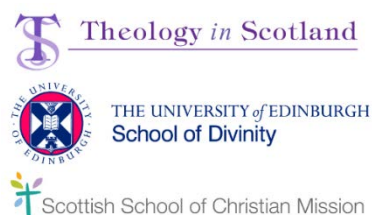
The traditional feast of Candlemas marks the midpoint of winter, when the lengthening days start to point us towards spring. This Quiet Day offers a chance to take time out near the beginning of the year to notice the points of light in our own lives, connect with our hopes for the coming year and nurture the signs of new growth. The day will include a mixture of guided reflection and individual quiet time, rest and creativity.

Cost: £30, £20 concession, includes lunch, contact me for more information on reduced costs. For more information and to book, email Susan Mansfield on wordsmansfield@gmail.com or call 07803 620038. Because we need to confirm a certain number of bookings in order for the day to go ahead, I'm asking people to book by January 13th if possible - thank you!

MISSION IN SCOTLAND DAY CONFERENCE

Come and discover what is happening in mission across our nation at an exciting day conference for all interested. A bargain at £10!

Exploring Mission in Scotland Today, Tuesday 14th March, 10am-4pm, Stirling Baptist Church. More details from Annie Naish at mission@dioceseofedinburgh.org or 0131 346 9089 or on Eventbrite here:



https://www.eventbrite.co.uk/e/exploring-mission-in-scotland-today-tickets-28728256990?utm_source=eb_email&utm_medium=email&utm_campaign=order_confirmation_email&utm_term=eventname&ref=eemailordconf

Film Screening and Seminar

The immanence of belief: presencing world and being through *Faith*
Talk by artist filmmaker and scholar Isabel Rocamora

Screening of *Faith*, 22 mins, 2015

8th February 2017 at 5pm, Martin Hall, Divinity School, New College, University of Edinburgh

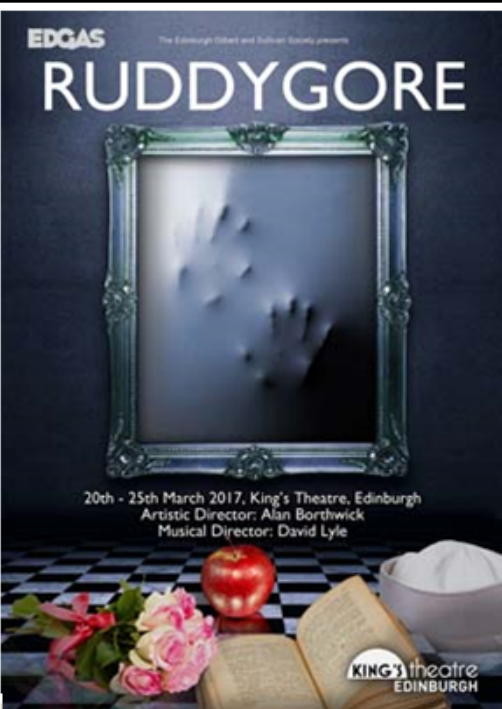
Religious Studies Seminar, in co-operation with the Centre for Theology and Public Issues, the Alwaleed Centre, and the University Chaplaincy

Open to the public - Chaired by Professor Jolyon Mitchell

Described by *The Times* as "complex, beautiful, revelatory", *Faith* is a triptych that intimately observes the act of worship of the three religions of Jerusalem. The film is set in the wilderness of the Judean desert, where, far from the built and contested territories, an Orthodox Jew, a Greek Orthodox Christian and a Sunni Muslim perform their morning prayers. Questioning segregation while celebrating difference, *Faith* contemplates issues of human belief, inviting reflection on one of the most tragic, world resonating conflicts that persist in this new century.

Following the screening, Isabel Rocamora will reflect on the thematic intentions and making of her project through a discussion of philosophies which accompany her conceptual process. The issues of imaging, belief as existential mood, and otherness will be considered in dialogue with Jean-Luc Marion's thoughts on the religious icon, Martin Heidegger's early ontology and the ethics of alterity as defined by Emmanuel Levinas.

www.isabelrocamora.org



EDGAS
The Edinburgh Gilbert and Sullivan Society presents

RUDDYGORE

20th - 25th March 2017, King's Theatre, Edinburgh
Artistic Director: Alan Borthwick
Musical Director: David Lyle

Watch for a ghostly David Bunyan in Act 2!!
More help or info. 0131 476 6586 or email
davidrbunyan@gmail.com

The Edinburgh Gilbert & Sullivan Society
(EDGAS) warmly invite you to organise a **CHURCH GROUP** (See below), to our latest production in the **King's Theatre, Tue 21st-Sat 25th March @ 7:30pm** (Mat. Sat. 25th @ 2:30pm – **(*)Matinee Activities in Upper Circle for kids-£6, but conditions apply, so please ask!**)
Access information: Audio described/BSL Interpreted on Sat 25 March 2.30pm (Touch Tour at 1.30pm.)

Synopsis: Robin Oakapple's plans to marry sweet little Rose Maybud are thwarted when he discovers that he is a bad baronet of Ruddygore. If he fails to commit a crime a day, his ghostly ancestors will descend from their picture frames to torture him! Does this mean that Rose will marry the dastardly sailor, Dick Dauntless instead?
Why not come along and find out?

Offer for CHURCH Groups – BOOK by 16th Feb!
20% off the prices below for a group of 8 or more!
Front Stalls-£20/ Mid Stalls-£18/ Rear Stalls-£15
Dress Circle Premium-£23/ Dress Circle-£20.
Children under 16-£8, (*) See also Matinee Activities above.
Please book by email with **Allan Borthwick** on ...
aborth@sky.com or by post, with your contact details to G&S Bookings, 11 Dalkeith Street, Edinburgh, EH15 2HP.

Pithead Time for Pastors*

Small group reflective practice open to all in ordained ministry

Thursdays 3 - 4.30pm 30 March, 27 April, 25 May, 29 June in north Edinburgh

"British miners in the 1920s fought for what was termed 'pit-head' time - the right to wash off the grime of the work in the boss's time, rather than take it home with them. Supervision is the equivalent for those who work at the coalface of personal distress, disease and fragmentation."

Hawkins & Shoheit

As supervision - or reflective practice - this group will offer a mixture of conversation and creative approaches to support vocation, explore tricky encounters and re-energise vision. The option to use objects and images in our time can aid confidentiality in a group whose paths may cross in other contexts, being less reliant on story or detail. The group is open to Rectors, Ministers, Priests, Chaplains etc who work at the Coalface of ministry; I would encourage you to see this group as clearly part of work time and to seek expenses for the cost. Group of 3 or 4 people, £30 per session. You are greatly encouraged to come to all dates; we will contract around this at the first group. 4 sessions, then the choice to stay or leave with new people joining as space allows for another block of 4 dates. Early bird rate of £110 if paid in full by 2nd March. Please book by emailing reflectivespaces@yahoo.co.uk

(*thanks to M.Bazely & R.Layzell for the use of their chapter title in Enriching Ministry ed. Paterson & Rose)

Elizabeth White is a spiritual director, trainer and pastoral supervisor. Informal enquiries welcome.

For general information www.reflectivespaces.org.uk/supervision

Colour and Courage

A reflective practice group for people from a variety of working and caring backgrounds

Using a mixture of conversation and creative approaches here is an opportunity to re-energise vision for work, explore tricky encounters and refresh courage and compassion towards both yourself and those with whom you work. Open to people from a variety of backgrounds e.g. NHS and social workers, teachers, alternative therapists, charity workers, spiritual directors, volunteers, anyone in caring and helping roles or organisations etc. We will create the space between us using images, objects, action and 'soulful seeing' to go 'behind the scenes, beneath the words' in search of focus, support, and re-equipping.

Fridays 3 March, 7 April, 26 May, 30 June 7.15 - 9.15pm

St Philip's Church, corner Logie Green Road/Broughton Road, Canonmills, Edinburgh

The group will be between 3 and 6 people. Cost £30 per session with a commitment across these 4 dates, then the choice to stay or leave with new folk joining as space allows for another block of 4. Early bird rate £110 for 4 sessions if paid in full by 6th February. To aid the group process you are greatly encouraged to come to all dates. If you know at the time of booking that you need to miss one date you will not be charged for this, thereafter the commitment of £30 is to all dates. Please book by emailing reflectivespaces@yahoo.co.uk

Elizabeth White is a spiritual director, trainer and pastoral supervisor. Informal enquiries welcome.

For further information www.reflectivespaces.org.uk/supervision

Prepare Your Own Funeral

Monday 13 February 7.30pm

A light-hearted but essential look at a difficult subject at St Fillan's Buckstone

Phone/email Ruth Innes to book
0131 622 1692

ruth@ruthinnes.me.uk



DO YOU HAVE AN OCCASIONAL
SPARE ROOM?
ARE YOU INTERESTED IN BECOMING A
VOLUNTEER HOST FOR NIGHTSTOP
EDINBURGH?

NIGHTSTOP EDINBURGH INFORMATION EVENING

THURSDAY 2ND MARCH 2017 - 6PM till 8PM - 55 ALBANY STREET

NIGHTSTOP IS A FREE SERVICE WE OFFER VULNERABLE HOMELESS YOUNG PEOPLE AGED 16-25. HOSTS
OFFER AN OCCASIONAL SPARE ROOM FOR 1 NIGHT UP TO 2 WEEKS.
THE HOSTING NIGHTS THAT YOU OFFER ARE FLEXIBLE TO SUIT YOUR NEEDS.

WE ARE CURRENTLY RECRUITING VOLUNTEER NIGHTSTOP HOSTS.

ALL YOUNG PEOPLE ARE RISK ASSESSED BEFORE PLACEMENT. VOLUNTEERS HOSTS ARE PVG
CHECKED, AND UNDERGO TRAINING. BOTH HOSTS AND YOUNG PEOPLE HAVE 24 HOUR SUPPORT.

YOU ARE WELCOME TO COME ALONG TO THIS INFORMAL INFORMATION SESSION AND SPEAK TO OUR
NIGHTSTOP STAFF AND EXISTING HOSTS. FEEL FREE TO ASK QUESTIONS AND FIND OUT MORE ABOUT
THIS INNOVATIVE WAY OF TACKLING YOUTH HOMELESSNESS.

RSVP: matthew.eastwood@rocktrust.org
www.rocktrust.org 0131 557 4059

**rock
trust**