



ADVENTURES IN FAITH

NEWSLETTER Winter 2016/7

Learning and Development in the Diocese of Edinburgh for December 2016 to April 2017



Diocese of
Edinburgh

Adventures in Faith exists to:

- Be a hub of information, enabling and support for adult learning across the Diocese of Edinburgh
- Encourage congregations in their discipleship programmes, sharing resources and good practice
- Publish a quarterly newsletter of learning opportunities from across the Diocese
- Be an access point for Spiritual Direction and Pastoral Supervision for all interested people

Open Hands, Willing Hearts

A six week course 5 March - 9 April : Act justly, love tenderly and walk humbly with your God (Micah 6:8)

Delivered online and through a weekly group based at St Martin's Dalry Road, Edinburgh

Why am I here? What is mine to do? Who am I called to be?

If these questions touch something you are yearning for in your spiritual life, then join us for refreshment, vitality and deepening in prayer. Adventures in Faith is partnering with the Shalem Institute to offer this course with both online and in-person components. Recognising and living into one's call is a lifelong process of discernment. Our time together will invite you to look at your life, no matter what age, and notice your unique contribution to God's vision. Through storytelling and sharing of experience, the course will help renew your appreciation of life and cultivate your attention, receptivity and responsiveness to how the Spirit is leading and guiding from within, through nature, and through the people who inspire you. Week 1: *What is Mine to Do?*, Week 2: *Calling to Embody Love*, Week 3: *Natural World*, Week 4: *Role Models*, Week 5: *Challenges and Underlying Gifts*, Week 6: *Review and Reflection*



Each week, you will receive a Sunday email with a link to new course material online. You will be able to listen to the audio stories and guided meditations as many times as you wish throughout the week from your home computer.

This course is designed as a **pilot for online learning** in the Diocese. If you are interested for future events but cannot join this time please let us know; we will offer more courses on different topics if there is interest. Similarly if you would like to *host* a group in your local area in conjunction with online material we want to hear from you!

adventures@dioceseofedinburgh.org

Teachings are hosted by YouTube. There will also be opportunities for journaling personally and optional shared journaling online with the larger eCourse community who will be taking part from across the world. On Thursdays, you will receive an email to check in around the course material from that week and this will also be complimented by meeting in person on Thursday evenings in Edinburgh on 9, 16, 23 & 30 March and 6 & 20 April 7.30 - 9pm. This small group will be facilitated by Elspeth Strachan. You will be able to access the online material for two weeks after the course ends. *There are 9 places available this time, please book by 15 February.*

The cost for the online course and weekly group is £75 (£65). Bursary help is available, please enquire. Please send a cheque payable to 'Edinburgh Diocesan Synod', to Adventures in Faith, 21A Grosvenor Crescent, Edinburgh EH12 5EL



Does your Church have a Garden?

Adventures in Faith has contact with three churches who wish to explore the use of their gardens for the spiritual well-being of the communities both within and beyond their walls. If you would like to link up and chat about ideas for how you could use your space, please contact Elizabeth White

adventures@dioceseofedinburgh.org 07398 954011

Information and Communication Training

Saturday 21 January 10 - 3pm

Venue to be confirmed

A day for all in the Diocese of Edinburgh who are involved in the production of magazines, websites and posters for their churches.

A day for meeting others, forming friendships and support networks, sharing top tips and learning new skills. The day will be free and final details will be confirmed in due course. Please register your interest with Siân Harris, Diocesan Communications Coordinator 07725 697909 communications@dioceseofedinburgh.org



Pilgrim Course - Sharing Good Practice

Thursday 26 January 7.30 - 9pm at Diocesan Office
21A Grosvenor Crescent, Edinburgh, EH12 5EL
with Revd Dr Stephen Holmes and Revd Ruth Innes

Pilgrim is a major new teaching and discipleship resource from the Church of England. It aims to help every local church create a place where people can explore the Christian faith together and see how it can be lived out each day. Pilgrim approaches the great issues of faith not through persuasion, but through participation in a pattern of contemplation and discussion with a group of fellow travellers. Come to this evening to hear from those who have offered one or more Pilgrim course in their own setting. Come along if you have experiences to share. Come along if you are interested to learn how you might run a course in your own setting. For general information on the Pilgrim Course visit www.pilgrimcourse.org

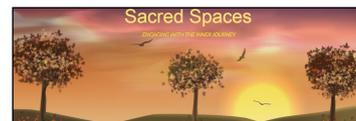
This is an Adventures in Faith event; there is no charge but please book via this link as seating is limited www.pilgrim26january.brownpapertickets.com

Faith in Older People Dementia Friendly Faith Communities

FiOP is continuing to develop a guide which they plan to further consult on and they would like to encourage congregations and faith communities to invite them for discussions, to enhance this development. FiOP feel this will be a long term project which will enable them to collect good ideas, share progress and finally produce a guide in a way which is found to be most helpful.

Please do contact director@fiop.org.uk 0131 346 7981 if you would like to arrange a discussion or hold a seminar.

A Quiet Day for Lent



Saturday 11 March

Christ Church, Holy Corner, Edinburgh
Facilitated by the Sacred Spaces Team
For more details please contact Sharon Laidlaw
sharon.laidlaw@btinternet.com or
07557 104380



Theology Symposium: Sin as Discord

Saturday 10 December 10am - 4pm

St John's Church, Princes Street, Edinburgh

The next St John's Symposium on 'sin as discord' will be led from the piano by Professor Jeremy Begbie of Duke University, NC USA. All welcome for lectures, lunch, and discussion. There is no charge but donations can be given. To register or for further information contact Revd Dr Stephen Holmes 0131 229 7565 stephen.holmes@stjohns-edinburgh.org.uk

The symposium is a joint project of St John's and City Centre Churches Together with New College (Edinburgh University School of Divinity)

Words of Wisdom

Prayer and meditation using the Aramaic words of Jesus. Continuing - new folk welcome to join!
A chance to allow Biblical words to be a whole body experience. Donation £2 - £5 per session.
Dates and more information from jennywilliams@gmx.co.uk 07935 723 968

Marriage Preparation Course

St Paul's and St George's, Edinburgh
Dates in the Spring to be confirmed

Are you planning to get married, or thinking about it? Then the Marriage Preparation Course is for you. The course is run in the spring of each year and lasts for 5 weeks. It aims to help engaged couples or those considering marriage develop strong foundations for a lifetime together. Couples enjoy a candlelit dinner, lots of chances to chat together, talks on the skills of marriage, and interesting insights into the married lives of a different couple each week!

mairis@psandgs.org.uk 0131 556 1335



Murrayfield Churches Together**Faith Discussion Group**

Tuesday evenings at 7.30pm

Upper Room at Saughtonhall United Reformed Church, Saughtonhall Drive, Edinburgh

Different topics considered, trying better to understand faith and how it affects us. All welcome, including doubters and sceptics.

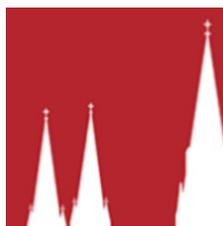
10 January to 14 February: The Eucharist - considering its roots and institution

21 February - Invited speaker

28 February to 21 March and 4 April: Lent studies on Receiving Christ

Further info from Jim Paterson 0131 629 5340

jim@thepatersons.org

**Sunday Introductions**

St Mary's Cathedral, Palmerston Place, Edinburgh

All are invited to a continuing series of talks, held on Sundays in front of the High Altar 12noon - 12.45pm

4 December Rt Rev Brian Smith: Introduction to the No1 Theological School, Botswana

29 January Rev David Robinson: Introduction to Bonhoeffer

12 February Fr Gero McLoughlin SJ: Introduction to Ignatian Spirituality

5 March Sharon Laidlaw: An Introduction to Growth in Prayer and Reflective Living

For further information, please contact

faithandgrowth@gmail.com 0131 225 6293

The Miracle of Mindfulness

Wednesday 8, 15, 22 and 29 March 7.30 - 9pm

St Philip's Church, Logie Green Road, Canonmills, Edinburgh



During Lent, Peter and Elspeth Davey will facilitate four sessions on the practice of Mindfulness. How does Mindfulness relate to the Christian tradition and where might this find a place in our own lives? Based on the practice of Zen master Thich Nhat Hahn, we will focus on how mindfulness can enrich and inform the Way of Jesus. Each evening will include simple experiential activities and opportunities to share, to help us become fully alive and awake to the 'miracle of mindfulness'. These sessions are open to anyone and no previous experience of Mindfulness is required. Peter and Elspeth have facilitated a weekly evening of Mindfulness in their village of Cockburnspath for more than five years.

This is an Adventures in Faith event: £40 (£35), cheque payable to *Edinburgh Diocesan Synod*, 21A Grosvenor Crescent, Edinburgh EH12 5EL. Bursary help is available, please enquire adventures@dioceseofedinburgh.org 07398 954 011

The Torah of Moses:**Formation and Theology of the Pentateuch**

Saturday 14 January 2 - 4pm *Change of venue*, now at Diocesan Office, 21A Grosvenor Crescent, Edinburgh

The Pentateuch - the first five books of the Hebrew Bible - guided the people of Israel in their relationship with God. This fascinating document tackles questions such as election, salvation, and punishment. The event will introduce key texts and topics, showing how the ancient writers laid the literary and theological foundations of later world religion. It was out of their faith and knowledge of God that the Hebrew Bible emerged. Our presenter will engage us in discussion about these ancient texts and give an understanding of their historical context.

With Dr Anja Klein, Chancellor's Fellow in Biblical Studies, Edinburgh University School of Divinity. Previous workshops: "It was excellent", "Anja was really knowledgeable and informative - such a huge subject in such a short afternoon!"

This is an Adventures in Faith event. £5, please book via www.torah14january.brownpapertickets.com

Soul Space

First Wednesday of the month (not January)

St Cuthbert's Church, Lothian Road, Edinburgh

Seeks to provide a 'sacred space' in the heart of the city; a space to explore, to reflect, to pray, to find peace, stillness and refreshment. At lunchtime 12.30 - 2pm and in the evening 5 - 7.30pm, the church is 'open house' to allow everyone the freedom to come and go, as and when they want. Short times of optional, led reflections at 1pm and 7pm, for anyone wishing to join with others in worship.

We continue our 'Meals with Jesus' general theme:

7 Dec The Wedding Party at Cana

1 Feb Dinner with Peter's Mother in Law

1 March Breakfast on the Beach

5 April Feasting or Fasting

12 April The Last Supper - Holy Week

Come and go as you can in St Cuthbert's beautiful space. Pause to reflect, relax, or pray. Light a candle, engage with the what's on offer - or ignore it! We provide the space; you are free to use it as you want. Everyone is very welcome.



www.st-cuthberts.net

Taizé Retreat Day

21 January 10 - 3.30pm

Inverleith St Serf's Church, Ferry Road, Edinburgh

Facilitated by Rev Jenny Williams

£10 Info/booking www.inverleithsaintserfs.org.uk



Quiet Day:

Light in the Darkness

Saturday 4 February 10 - 4pm

Emmaus House, 14 Gilmore Place, Edinburgh

The traditional feast of Candlemas marks the midpoint of winter, when the lengthening days start to point us towards spring. This Quiet Day offers a chance to take time out near the beginning of the year to notice the points of light in our own lives, connect with our hopes for the coming year and nurture the signs of new growth. The day will include a mixture of guided reflection and individual quiet time, rest and creativity.

Cost: £30, £20 concession, includes lunch. Contact Susan for information on reduced costs or to book email Susan Mansfield on wordsmansfield@gmail.com or call 07803 620038. Please book by January 13th.

Advance Dates for your Diary!

Further information available in the March newsletter



Growing through Conflict

Foundation Day Monday 24 April

Further Skills Day Wednesday 26 April

Augustine United Church, Edinburgh

www.placeforhope.org.uk

More Than Meets the Eye: Symbol and Allegory in

Western Art Lectures by Canon Anne Dyer at the Royal Overseas League, Princes Street, Edinburgh

2 - 4pm Thursdays 25 May, 1, 15, 22 June 2017

Understanding the Pain of Migrants

A day workshop on Saturday 20 May at St Columba's by the Castle, Edinburgh with Sr Carmel Byrne

Enriching Ministry through Pastoral Supervision

For all in caring and helping roles

St Philip's Church, Logie
Green Road, Canonmills,
Edinburgh 10 - 4pm



Supervision & Mission 13 Jan & 10 Feb

Two day introductory workshop exploring pastoral supervision and its place within ministry and mission; differences between supervision, line management, spiritual accompaniment and personal therapy; frameworks for supervising others; opportunities for soulful supervision within the course group

Toolkits & Frameworks 10 Mar & 28 Apr

Two day course exploring contracting; power and vulnerability in supervision; core skills & competencies; eliciting, tracking and exploring the supervisory focus; getting beneath the stories to the heart of the matter; building a bridge from reflection back to practice

Certificate in Pastoral Supervision

26 May, 23 Jun, 22 Sep & 20 Oct

This professional training course uses Hawkins and Shohet's seven process model of supervision. The course attends to context and culture in supervision; stakeholders and organisational dynamics; unspoken and unconscious factors in supervision; collusion, avoidance and sabotage; reporting and assessing processes.

Diploma in Pastoral Supervision

10 Nov, 15 Dec, 12 Jan & 9 Feb 2018

This professional course is for those with oversight of others and focuses on four key areas: theological reflection; integrative practice; team and group supervision; professional practice.

£70 per day. Offered by the Institute for Pastoral Supervision and Reflective Practice. **Michael Paterson** is Co-Director of the Institute and has a background in parish ministry, healthcare chaplaincy, psychotherapy, spiritual direction and theological education. He is lead trainer for the NHS Scotland initiative in Values-based Reflective Practice. His published works include *Pastoral Supervision: A Handbook* (SCM 2015) and *Enriching Ministry through Pastoral Supervision* (SCM 2014).

Further information from michael@ipsrp.org.uk



To receive Adventures in Faith emails, please contact us. For more regular updates and Diocesan news 'Like' us on

www.facebook.com/DioceseEdinburgh

The Adventures in Faith Newsletter is published quarterly. Next submission deadline is **1 February**, for publication at the beginning of March 2017



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