

The Communicant

News and Notices for the Diocese of Edinburgh

12th January 2017



Published by the Diocesan Office fortnightly, and circulated to all Clergy, Lay Readers, Treasurers & Vestry Secretaries, and Diocesan Synod Lay & Alternate Lay Representatives.

NEXT EDITION: 26th January 2017

NOTICES

VESTRY SECRETARIES & TREASURERS

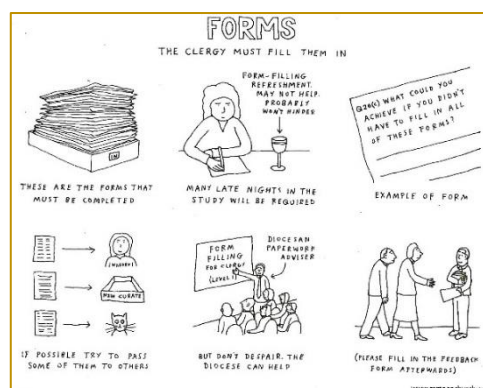
Annual Forms

The deadline for return of all annual forms is **31st JANUARY**. Can you check the schedule (*further on, in this edition*), and see which, if any, of your forms are missing? **We only have 45% of the forms in so far, which means we still have 149 to process!**

We are a very small team here, so if you could chase up any missing ones, it will help us to meet our upcoming deadlines with the Province. *Thank you – much appreciated!*

They are all available online at

<http://www.edinburgh.anglican.org/diocesan-vestry-resources/>



Thank you to those who have done the Diocesan Schedule using *Google Forms*

(<https://goo.gl/forms/Tch80HsXtnQt9zex1>) – this is saving a huge amount of time and work here.

RECTORS & PRIESTS in CHARGE

Congregational Statistics Deadline next week

We are required, by the Province, to produce the Congregational statistics **by next Monday** (16th) and, at present, we have only received just over 60% of the annual returns. We have to enter all the data into a large spreadsheet, so it would be *hugely* appreciated if the remaining forms could be returned to the Diocesan Office as a matter of urgency. If you have any queries about filling this in, please do not hesitate to get in touch. office@edinburgh.anglican.org

ALL

Bishop of Edinburgh Lent Appeal 2017

The **Bishop's Lent Appeal** is seeking **nominations** for those overseas.

If you know of a charity or organisation that works with those outside of the UK and would like it to be

	<p>considered, please get in touch with Sam Campbell on 0131 538 7044 <i>as soon as possible</i>. Previous recipients of the Lent Appeal have been the Anglican Church in Papua New Guinea (ACPNG), The International Justice Mission (IJM) and the Ecumenical Accompaniment Programme in Palestine and Israel (EAPPI).</p>
TREASURERS	<p>Quota Details of quota payments due by charges for 2017 were emailed to Treasurers on 14 November. A covering letter sets out the context for quota, and invites Charge Treasurers to complete their finance schedule (which will be used to calculate quota for 2018). There is also useful guidance concerning the operation of quota and completion of the finance schedule. You can find the papers online at http://www.edinburgh.anglican.org/diocesan-vestry-resources/ Please direct any comments or questions to the Diocesan Treasurer.</p>
YOUTH & CHILDREN	<p>News from the Youth and Children Officer You can find all the latest news here: https://edinburgh.anglican.org/wp-content/uploads/2016/12/Winter_2016_Newsletter.pdf This edition features reports on the Sci-Fi Sleepover and the Play Church Dedication.</p> <p>Claire Benton-Evans, Diocesan Youth and Children Officer e-mail: youthandchildren@dioceseofedinburgh.org Office line: 0131 346 9081 Work mobile: 0747 372 8148</p> 
ALL	<p>News from the Adventures in Faith Coordinator</p> <p>Adverts now welcome for the next Adventures in Faith newsletter - by 1st February. For events, courses, retreats, discipleship training, Lenten happenings etc. in the Diocesan area March to June. Please send brief wording to adventures@dioceseofedinburgh.org and include a phone number as well as an email contact.</p> <p>AIF is piloting online learning in the Diocese during Lent – please find details on the front page of the Newsletter. If you are interested in taking part in future online learning opportunities in your own area, or if you would like to <i>host</i> a local group in conjunction with online material we want to hear from you. This is one way we can be responsive to various needs around the geographical spread of the diocese – no commitment needed at the moment but do let us know if you would like to be part of the conversation. We will offer more courses on different topics in response to interest. adventures@dioceseofedinburgh.org</p>  <p><i>Also upcoming this month:</i></p> <p>5 places left for The Torah of Moses, this Saturday, 14th 2pm at the Diocese Office. The Pentateuch of the Hebrew Bible is a fascinating document of biblical Israel, tackling questions such as election, salvation, and punishment. The event will introduce some key texts and topics, and demonstrate how the ancient writers laid the literary and theological foundations of a later world religion. Our presenter will engage the audience in discussion about these ancient texts and give them an understanding of the historical context. With Dr Anja Klein, Chancellor's Fellow in Biblical Studies (Hebrew Bible), School of Divinity, University of Edinburgh. Previous workshops: <i>It was excellent, Anja was really knowledgeable and informative - such a huge subject in such a short afternoon!</i> £5 plus booking fee via http://torah14january.brownpapertickets.com</p>

Pilgrim Course – Sharing Good Practice

Thursday 26 January 7.30 - 9pm at
Diocesan Office with Revd Dr Stephen
Holmes and Revd Ruth Innes.

Come to this evening to hear from those who have offered one or more Pilgrim course in their own setting. Come along if you have experiences to share. Come along if you are interested to learn how you might run a course in your own setting. For general information on the Pilgrim Course visit www.pilgrimcourse.org There is no charge but please book via this link as seating is limited:

www.pilgrim26january.brownpapertickets.com

Elizabeth White, Adventures in Faith Coordinator
adventures@dioceseofedinburgh.org 07398 954 011

**MAGAZINE &
WEB EDITORS****Information and Communication Training**

Saturday 21 January 10am-3pm at St Mark's Portobello

A day for all in the Diocese of Edinburgh who are involved in the production of magazines, websites and posters for their churches. A day for meeting others, forming friendships and support networks, sharing top tips and learning new skills. The day will be free and final details will be confirmed in due course. Please register your

interest with Siân Harris, Diocesan Communications Coordinator 07725 697909
communications@dioceseofedinburgh.org

TREASURERS**New Financial Reporting Standards and Charities SORP**

A number of treasurers have enquired about new financial reporting standards and the new charities Statement of Recommended Practice (SORP) which are now applicable. Specific issues may best be taken up with a Charge's auditor or independent examiner. However, we can summarise the position as follows:

Financial Reporting Standards and Charities SORPs only apply to accruals-based accounts (i.e. accounts where income and expenditure are recognised when entitlement or liability arises, not at the point of receipt or payment). Only charities whose total income is £250,000 or more are required to prepare accruals-based accounts. The Charities SORPs determine the content and presentation of the Trustee Report and Accounts of a recognised charity.



In respect of annual accounts ending before 31 December 2016, two alternative mandatory reporting standards and SORPs are provided: Financial Reporting Standard 102 and related SORP may be adopted by any charity, and the Financial Reporting Standard for Smaller Entities (FRSSE) and related SORP may be adopted by any charity with gross income not exceeding £6.5 million. However, for subsequent periods the FRSSE and related SORP have been withdrawn, and all charities must follow FRS 102. An explanation and details can be found at: <http://www.charitySORP.org>

OSCR provides more generalised guidance on charity accounting at:

<http://www.oscr.org.uk/media/2064/2015-10-28-amended-scottish-charity-accounts-guide.pdf> and there is a useful model set of accounts on the Church of Scotland website at:




http://www.churchofscotland.org.uk/resources/subjects/finance_resources#accounts

The Diocesan Treasurer (treasurer@dioceseofedinburgh.org) is happy to provide general advice on these issues.

<p>CLERGY</p>	<p>Supernumerary Clergy Sought for weddings at St Mary's Dalmahoy.</p> <p>Carole MacBride is the wedding coordinator St Mary's and, during the current vacancy, she writes:</p> <p>"I take the bookings from couples, deal with the administration, usually attend the rehearsal when I am available and also try to be available on wedding days.</p> <p>For the past ten years, our rector undertook the majority of the weddings when couples asked for St Mary's to provide the clergy. This amounted to between 20 and 25 weddings over the course of most years. I have a number of weddings booked for 2017 which I am going to need to find clergy to cover.</p> <p>A fee of £100 is paid by St Mary's to clergy who undertake a wedding on our behalf. I can provide a list of the dates involved and the areas in which the couples are living once I have some names of clergy to approach.</p> <p>I would be happy to meet anyone interested in this opportunity to explain what would be expected of them and the help that would be given regarding the practical aspects of the day. I think that such meetings would be best held in the church so that the choreography of the service could be explained in the church setting.</p> <p>I look forward to hearing from whoever can be of help with this matter.</p> <p>Kind regards, Carole MacBride" pcarolemacbride@live.co.uk</p>
<p>ALL</p>	<p>Very many congratulations to The Revd Dr Harriet Harris, Chaplain, University of Edinburgh, who has been awarded an MBE for services in the New Year's Honours list, for services to Multi-Faith Education and Community Cohesion.</p>  <p>And also to Andrew Kerr, a long-standing active member of Old St Paul's Church, who has been made MBE by Her Majesty the Queen in the New Year Honours list, for services to the arts and conservation.</p>
<p>CLERGY</p>	<p>Pulpit Exchange</p> <p>For three or four weeks in the Summer in Casper, Wyoming, also with house in Savannah, Georgia. Contact Rev Dr Jim Shumard jshumie@aol.com</p>
<p>ALL</p>	 <p>The Diocesan Office is closed on Thursday 19 January from noon for a staff event; business resumes as normal Friday 20th.</p>

Accounts and Annual Schedules Received 2016/17								11/01/2017
Charge		Draft Accounts Received	Audited Accounts	Financial schedule	Diocesan Schedule	Cong Stats	PVG rtn	
1.01	St Mary's Cathedral							
1.02	BALERNO St Mungo's							
1.03	BATHGATE, St Columba's		20 Oct 16	20 Oct 16	10 Jan 17	12 Dec 16	10 Jan 17	
1.04	BO'NESS St Catharine's	12/12/2016		12 Dec 16		7 Dec 16		
1.05	COLDSTREAM St Mary and All Souls		13 Dec 16	30 Nov 16	13 Dec 16	13 Dec 16	13 Dec 16	
1.06	DALKEITH, St Mary's				4 Jan 17	4 Jan 17		
1.07	DALMAHOY St Mary's		2 Dec 16	2 Dec 16	23 Nov 16	28 Nov 16	23 Nov 16	
1.08	DUNBAR St Anne's					11 Jan 17		
1.09	DUNS Christ Church					13 Dec 16		
1.10	EDINBURGH Christ Church, Morningside		29 Nov 16	7 Dec 16				
1.11	EDINBURGH Emmanuel Church, Clermiston		10 Jan 17	10 Jan 17				7 Dec 16
1.12	EDINBURGH Good Shepherd, Murrayfield		4 Jan 17		7 Dec 16	7 Dec 16	7 Dec 16	
1.13	EDINBURGH Holy Cross, Davidsons Mains		30 Nov 16					
1.14	EDINBURGH Old St Paul's		5 Dec 16	5 Dec 16	13 Dec 16	7 Dec 16	10 Jan 17	
1.15	EDINBURGH St Barnabas', Moredun		29 Nov 16	29 Nov 16	6 Jan 17	29 Nov 16	6 Jan 17	
1.16	EDINBURGH St Columba-by-the-Castle				7 Dec 16	28 Nov 16		
1.17	EDINBURGH St Cuthbert's, Colinton		10 Jan 17	10 Jan 17	10 Jan 17	29 Nov 16	10 Jan 17	
1.18	EDINBURGH St David's, Pilton		29 Nov 16	25 Nov 16	5 Jan 17			
1.19	EDINBURGH St Fillan's, Buckstone		9 Dec 16	9 Dec 16		7 Dec 16	9 Dec 16	
1.21	EDINBURGH St James the Less, Leith							
1.22	EDINBURGH St John's, Princes Street		13 Dec 16	30 Nov 16	30 Nov 16	30 Nov 16	30 Nov 16	
1.23	EDINBURGH St Margaret's, Easter Road					7 Dec 16		
1.24	EDINBURGH St Mark's, Portobello					25 Nov 16		
1.25	EDINBURGH St Martin of Tours		12 Dec 16	12 Dec 16	10 Jan 17	13 Dec 16		
1.26	EDINBURGH St Michael and All Saints		19 Dec 16	19 Dec 16				
1.27	EDINBURGH St Ninian's, Comely Bank		13 Dec 16	7 Dec 16				
1.28	EDINBURGH St Paul's and St George's							
1.29	EDINBURGH St Peter's, Lutton Place		19 Dec 16	19 Dec 16	9 Dec 16	9 Dec 16	9 Dec 16	
1.30	EDINBURGH St Philip & St James					4 Jan 17		
1.31	EDINBURGH St Salvador's, Stenhouse		28 Nov 16	28 Nov 16	22 Nov 16	30 Nov 16	2 Dec 16	

Charge		Draft Accounts Received	Audited Accounts	Financial schedule	Diocesan Schedule	Cong Stats	PVG rtn
1.32	EDINBURGH St Thomas', Corstorphine		10 Jan 17	10 Jan 17		4 Jan 17	
1.33	EDINBURGH St Vincent's, Stockbridge						
1.34	EYEMOUTH, St Ebba's						
1.35	FALKIRK, Christ Church		31 Oct 16	31 Oct 16		7 Dec 16	
1.36	GALASHIELS, St Peter's			15 Nov 16	12 Dec 16	12 Dec 16	12 Dec 16
1.37	GRANGEMOUTH, St Mary's		29 Nov 16	29 Nov 16	23 Nov 16	29 Nov 16	29 Nov 16
1.38	GULLANE St Adrian's		7 Dec 16	7 Dec 16	9 Dec 16		
1.39	HADDINGTON Holy Trinity					7 Dec 16	
1.40	HAWICK St Cuthbert's		19 Dec 16	19 Dec 16	11 Jan 17	11 Jan 17	11 Jan 17
1.41	INNERLEITHEN, St Andrew's						
1.42	JEDBURGH, St John's					7 Dec 16	
1.43	KELSO, St Andrew		5 Dec 16	5 Dec 16	13 Dec 16	19 Dec 16	19 Dec 16
1.44	LASSWADE St Leonard's,						
1.45	LINLITHGOW, St Peter's					12 Dec 16	
1.46	LIVINGSTON						
1.47	MELROSE Holy Trinity						
1.48	MUSSELBURGH St Peter's,					5 Dec 16	
1.49	NORTH BERWICK St Baldred's,					30 Nov 16	
1.50	PEEBLES St Peter's		22 Nov 16	22 Nov 16			
1.51	PENICUIK St James the Less,		10 Jan 17	10 Jan 17	10 Jan 17		
1.53	ROSLIN St Matthew's		11 Nov 16	20 Dec 16			
1.54	SELKIRK St John's					21 Dec 16	
1.55	SOUTH QUEENSFERRY, St Mary of Mount Carmel					7 Dec 16	
1.56	WEST LINTON St Mungo's			12 Dec 16			
54			27	27	20	36	15
			54	54	54	54	54
	Return Rate		<div><div></div></div> 50%	<div><div></div></div> 50%	<div><div></div></div> 37%	<div><div></div></div> 67%	<div><div></div></div> 28%
	Outstanding		<div><div></div></div> 27	<div><div></div></div> 27	<div><div></div></div> 34	<div><div></div></div> 18	<div><div></div></div> 39

Sunday 15 January 10am	The Bishop Licences Mrs Jenny Paton-Williams as Lay Reader, St Columba's by the Castle, Edinburgh
Monday 16 January	The Diocesan Buildings Committee meets today
Tuesday 17 January	The Diocesan Personnel Committee meets today
Thursday 19 January	The Diocesan Mission and Ministry Committee meet this morning. The Diocesan Office is closed from 12 noon today; business resumes as normal Friday 20 th .
Tuesday 24 January	The Diocesan Finance and Management Committee meets today
Thursday 26 January 11.30am	The Bishop attends the RMCU service with the Bishop of Southwark preaching
Sunday 29 January	Bishop John attends the welcoming service and blessing of the Memorial Garden, Holy Trinity, Haddington
JANUARY	 During January Play Church will be at: <i>St Ninian's, Comely Bank, Edinburgh</i>
	Advance notice: Spring 2017 Synod - Saturday 11 March 2017 at St Paul's & St George's Church, Edinburgh Autumn 2017 Synod - evening of Thursday 26 October 2017 Venue to be confirmed 

- Jenny Paton-Williams Licensed as Lay Reader, St Columba's by the Castle

**Full-Time Edinburgh City Centre Workplace Chaplain****Closing date: Wednesday 25th Jan, 2017.**

Working with Christian Churches of all denominations and in co-operation with other faith groups, you will provide pastoral care in secular settings but also operate within the varied practices and traditions of partner churches - preaching, teaching, training and supporting Christians to partner Work Place Chaplaincy Scotland (WPCS) in providing sacrificial service, without prejudice, judgement or demands, to people of all faiths and none in their working environment.

You will be part of a team of over 100 volunteer and employed chaplains working across Scotland and will receive support, training and supervision through WPCS.

Applicants need not be ordained but must demonstrate an active Christian faith, have experience of providing pastoral care and be able to recruit, train, lead and support a team of volunteers. Good interpersonal skills and confident public speaking are essential. Competitive remuneration based on qualification and experience.



For Job Description see <http://www.wpcscotland.co.uk/index.php/news/work-with-us> Please contact: info@wpcscotland.co.uk for application form. It is an occupational requirement for Work Place Chaplaincy Scotland chaplains that they demonstrate an active Christian faith.

Braeburn Care Home - Seeking Company Directors

Braeburn Care Home is a small independent home for 18 residents situated by the Botanics in Edinburgh. It was originally set up under the auspices of the Scottish Episcopal Church but is now run as a company limited by guarantee with charitable status. We have received very good reviews from the Care Inspectorate and our financial position is in good order.

We are seeking two new directors. The Board meets on a quarterly basis and with the relatives at least twice a year. It is important that directors feel part of the functioning of the home and from time to time will be called upon to contribute to operational issues as they arise and to represent the home in a wider arena. The appointments are not remunerated. We would benefit from health and social care experience, financial expertise and an interest in the well-being of older people.

It is a rewarding opportunity. Please contact Maureen O'Neill, Chairperson to discuss the role in more detail.

Telephone: 0131 346 8609

CHAPLAINS NEEDED - Edinburgh Sheriff Court

The Listening Service is a new multi-faith chaplaincy at Edinburgh Sheriff Court and Justice of the Peace Court. Courts can be very difficult and confusing places for anyone who uses them and this new service, launched in December 2016 and developed with the Edinburgh Inter-Faith Association, offers a non-judgemental listening ear for people of all faiths and none.

The service was launched with a team of 19 chaplains and this team is planned to be expanded in the new year. Could you be a chaplain? If so, please register your interest by the end of January 2017.



Voluntary chaplains will come from many backgrounds and do not need any previous experience of this sort of work.

They do need to be:

- willing to talk with and listen to people who are under stress or feeling confused and vulnerable.
- be aware of the need for confidentiality
- broad minded and non-judgmental
- caring and patient
- sympathetic to people in difficult circumstances
- friendly and supportive
- available for at least half a day (4 hours) each fortnight (preferably weekly)

There are no age or gender restrictions and interest is welcomed from people of all faiths and none. Full training will be given and chaplains will be supported and supervised in their work. Initial training will be undertaken over two full days. References will be required and volunteers will be required to complete a Basic Disclosure (on-line) at Disclosure Scotland.

Please contact Andrew Letby by email at courtchaplaincy@gmail.com or call 0131 662 8635

Facebook Page: <http://www.facebook.com/EdinburghCourtChaplaincy/>




EMMSInternational
Health for Today, Hope for Tomorrow

Burns Night Supper & Ceilidh

Friday 27 January
King's Hall, 41A South Clerk Street,
Edinburgh, EH8 9NZ

7pm – 10.30pm

Celebrate Burns Night 2017 with a family friendly Supper & Ceilidh!

Help raise vital funds for healthcare work in Malawi, India & Nepal and dance the night away with our ceilidh band!

Tickets:
£14 early bird / £16
Students: £12 early bird / £10
Children: £5 early bird / £7
Includes: Haggis, neeps, tatties and stovies supper!

Tickets: www.emms.org/events.
Call 0131 313 3828 email events@emms.org

EMMS International Charity No. SC 032327.

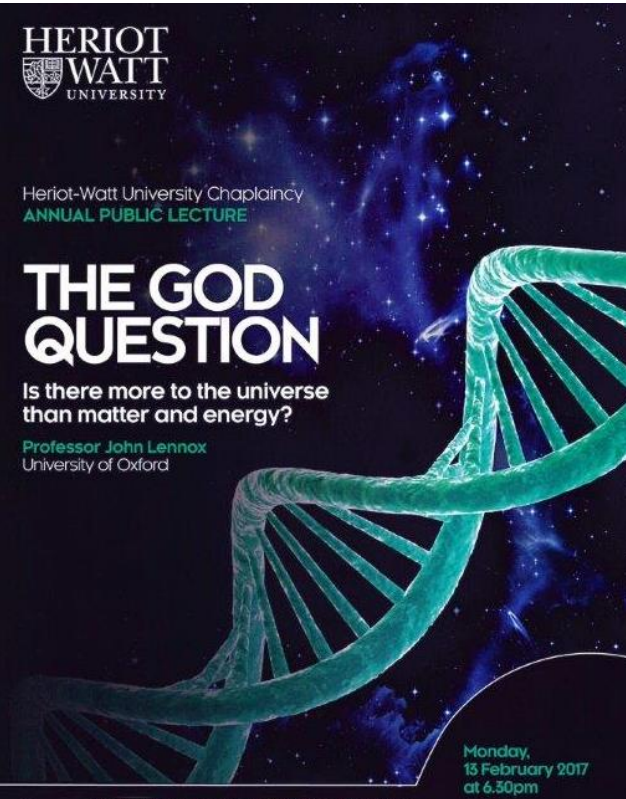
HERIOT WATT UNIVERSITY

Heriot-Watt University Chaplaincy
ANNUAL PUBLIC LECTURE

THE GOD QUESTION

Is there more to the universe than matter and energy?

Professor John Lennox
University of Oxford




Monday, 13 February 2017 at 6.30pm

Refreshments from 5.30pm

James Watt Centre I – Edinburgh Campus

Registration required via eventbrite by 9 Feb 2017
<https://goo.gl/LAA2Tb>
Or contact Ruth.Duncan@hw.ac.uk
t: 0151 451 4508

Regular buses to/from Riccarton,
Lothian buses Nos. 25 & 34



Adventures in Faith presents:

The Torah of Moses: Formation and Theology of the Pentateuch

Saturday 14 January 2 - 4pm Diocesan Office, 21A Grosvenor Crescent, Edinburgh

The Pentateuch - the first five books of the Hebrew Bible - guided the people of Israel in their relationship with God. This fascinating document tackles questions such as election, salvation, and punishment. The event will introduce key texts and topics, showing how the ancient writers laid the literary and theological foundations of later world religion. It was out of their faith and knowledge of God that the Hebrew Bible emerged. Our presenter will engage us in discussion about these ancient texts and give an understanding of their historical context.



With Dr Anja Klein, Chancellor's Fellow in Biblical Studies, Edinburgh University School of Divinity. Previous workshops: "It was excellent", "Anja was really knowledgeable and informative - such a huge subject in such a short afternoon!" This is an Adventures in Faith event. £5, please book via www.torah14january.brownpapertickets.com

With Dr Anja Klein, Chancellor's Fellow in Biblical Studies, Edinburgh University School of Divinity.

Previous workshops: "It was excellent", "Anja was really

knowledgeable and informative - such a huge subject in such a short afternoon!" This is an Adventures in Faith event. £5, please book via www.torah14january.brownpapertickets.com

An Evening of Remembrance

The staff and pupils of Drummond Community High School and **Edinburgh Interfaith Association** invite you to the annual evening of remembrance for Holocaust Memorial Day, on Wednesday January 25th.

There will be readings, reflections and musical performances from students and special guest speakers:

- **Umutesi Stewart**, survivor of the Rwandan genocide
- **Saskia Tepe**, daughter of Brigitte Langer, survivor of the Holocaust

Drummond Community High School, 41 Bellevue Place, EH7 4BS

January 25th 2017, 7.00 to 8.30pm

After the event there will be a reception for the guests and audience.

The event is free, but please RSVP by calling 0131 556 2651 or emailing

kirsten.dickson@drummond.edin.sch.uk

Week of Prayer for Christian Unity 18-25 January 2017



Order or download resources (<https://ctbi.org.uk/resources-for-week-of-prayer-for-christian-unity-2017>) for the Week of Prayer for Christian Unity 2017. The *Crossing Barriers* pamphlet includes daily reflections plus an order of service.

Open Hands, Willing Hearts

Act justly, love tenderly and walk humbly with your God (Micah 6:8)

A six week course 5 March - 9 April



Delivered online and through a weekly group based at St Martin's Dalry Road, Edinburgh

Why am I here? What is mine to do? Who am I called to be?

If these questions touch something you are yearning for in your spiritual life, then join us for refreshment, vitality and deepening in prayer. Adventures in Faith is partnering with the Shalem Institute to offer this course with both online and in-person components. Recognising and living into one's call is a lifelong process of discernment. Our time together will invite you to look at your life, no matter what age, and notice your unique contribution to God's vision. Through storytelling and sharing of experience, the course will help renew your appreciation of life and cultivate your attention, receptivity and responsiveness to how the Spirit is leading and guiding from within, through nature, and through the people who inspire you.

Week 1: What is Mine to Do?, Week 2: Calling to Embody Love, Week 3: Natural World, Week 4: Role Models, Week 5: Challenges and Underlying Gifts, Week 6: Review and Reflection

Each week, you will receive a Sunday email with a link to new course material online. You will be able to listen to the audio stories and guided meditations as many times as you wish throughout the week from your home computer. Teachings are hosted by YouTube. There will also be opportunities for journaling personally and optional shared journaling online with the larger eCourse community who will be taking part from across the world. On Thursdays, you will receive an email to check in around the course material from that week and this will also be complimented by meeting in person on Thursday evenings in Edinburgh on 9, 16, 23 & 30 March and 6 & 20 April 7.30 - 9pm. This small group will be facilitated by Elspeth Strachan. You will be able to access the online material for two weeks after the course ends.

There are 9 places available this time, **please book by 15 February**. The cost for the online course and weekly group is £75 (£65). Bursary help is available, please enquire.

Please send a cheque payable to 'Edinburgh Diocesan Synod', to Adventures in Faith, 21A Grosvenor Crescent, Edinburgh EH12 5EL Enquires: adventures@dioceseofedinburgh.org

WHO CAN COME?

This course is for anyone who wishes to move from strength to strength and also for those who, from a position of strength and healing, wish to help others.

The course is also an introduction for the Diploma in Counselling for those wishing to become professional counsellors.

The teaching embraces Theology and Psychology, Christian principles of tridimensional healing and is designed to increase self awareness, other awareness and awareness of our potential in God.



WWW.VITALCONNEXIONS.NET

WHERE AND WHEN?

4 DAYS IN EDINBURGH, SCOTLAND

Venue: EDINBURGH (to be confirmed)

FRIDAY 3rd and SATURDAY 4th March 2017 and

FRIDAY 17th and SATURDAY 18th March 2017

COST: deposit of £20 to secure a place further payment of £200 per weekend payable on arrival.

Early bird - book and pay for the first weekend (£200 before 10th January and pay no deposit).

BOOKING FORM:

NAME:

ADDRESS:

EMAIL:

MOBILE:

Please enclose £20 deposit and post to Andrea Wigglesworth, 20 Carlingnose Point, North Queensferry, Fife KY11 1ER Cash or cheque payable to Vital Connexions.

"Strength to Strength"



A FOUR DAY COURSE TO
RELEASE SPIRITUAL AND
EMOTIONAL STRENGTH
MARCH 2017
EDINBURGH
with
Andrea Wigglesworth &
Vicky McEvoy



Andrea Wigglesworth and Vicky McEvoy

Andrea Wigglesworth: is an experienced Trainer, Therapist and Supervisor and has many years of expertise planting Wellness Centres throughout Scotland. She has an M.Sc. Counselling Studies (Advanced Practice); M.Sc. Health Promotion and is a COSCA Trainer.

Vicky McEvoy: is an experienced Therapist, Supervisor and Trainer. Vicky has a MA in Supervisory Practice, a B.Ed. Higher Dip in Adult Education, and Diplomas in both Counselling and CBT.

Both trainers are also Imago Relationship therapists and train counsellors and pastors to work with couples.

Vital Connexions is the Teaching and Training Consultancy that Vicky and Andrea formed 18 years ago to offer training in many Counselling related subjects to groups all over Ireland, Scotland, China, South Africa, Egypt, Kuala Lumpur Borneo, Singapore, Vietnam and Cambodia. (www.vitalconnexions.net)

Strength to Strength -EDINBURGH

This course is designed to help you to discover your strengths,
walk out of pain and understand the keys to a healthy soul.

3 John:2



STRENGTH FOR THE JOURNEY

Spiritual health is the key to successful living. Psalm 84:7 promises that we can go from "strength to strength". As we learn to listen to God, wait for Him (Isaiah 40:31) we will have our strength renewed. In the 21st century, the Christian faith can offer great strength and help to a generation that is looking for purpose and hope. This module will focus on keys to develop a healthy faith that will strengthen you to strengthen others.



Strength For The Journey.



Flourishing and Thriving.

STRENGTH FOR THE BODY AND MIND AND SPIRIT

Neuroscience is increasingly offering us amazing insights into the connection between the mind and the body. Physical health and mental health have a strong and vital connection and this module will encourage you to think about your physical wellbeing and take steps to sharpen your mind, examine your perceptions and your choices and develop a "sound mind" in order to have a great life and to empower others to have a great life too.



Work life Balance and
Balancing energy for tasks.



Strength for Body and Mind

STRENGTH FOR THE EMOTIONS

With many broken hearts and negative emotions disempowering many people, this module will examine the root of negative emotions and help you to move from strength to strength as you examine your valley experiences and find gold there. God has created us with amazing potential and resilience. Spiritual truths will give insight and the keys to a prosperous soul will open up closed areas of your life and help you to find turning points.



Post-traumatic growth!
Tri-dimensional healing.



Resilience and Positive
Psychology.

Adventures in Faith presents:

The Miracle of Mindfulness

Lenten Wednesday 8, 15, 22 and 29 March 7.30 - 9pm

St Philip's Church, Logie Green Road, Canonmills, Edinburgh

During Lent, Peter and Elspeth Davey will facilitate four sessions on the practice of Mindfulness. How does Mindfulness relate to the Christian tradition and where might this find a place in our own lives? Based on the practice of Zen master Thich Nhat Hahn, we will focus on how mindfulness can



enrich and inform the Way of Jesus. Each evening will include simple experiential activities and opportunities to share, to help us become fully alive and awake to the 'miracle of mindfulness'.

These sessions are open to anyone and no previous experience of Mindfulness is required. Peter and Elspeth have facilitated a weekly evening of Mindfulness in their village of Cockburnspath for more than five years.

This is an Adventures in Faith event: £40 (£35), cheque payable to Edinburgh Diocesan Synod, 21A Grosvenor Crescent, Edinburgh EH12 5EL. Bursary help is available, please enquire adventures@dioceseofedinburgh.org 07398 954 011

Quiet Day: Light in the Darkness

Saturday 4th February, 10am-4pm, Emmaus House, 14 Gilmore Place, Edinburgh

The traditional feast of Candlemas marks the midpoint of winter, when the lengthening days start to point us towards spring. This Quiet Day offers a chance to take time out near the beginning of the year to notice the points of light in our own lives, connect with our hopes for the coming year and nurture the signs of new growth. The day will include a mixture of guided reflection and individual quiet time, rest and creativity.

Cost: £30, £20 concession, includes lunch, contact me for more information on reduced costs. For more information and to book, email Susan Mansfield on wordsmansfield@gmail.com or call 07803 620038. Because we need to confirm a certain number of bookings in order for the day to go ahead, I'm asking people to book by January 13th if possible - thank you!

King Charles Service **Thursday 26th January 2017**

The annual Service to remember the foundation of the Diocese of Edinburgh, and its founder, King Charles I, will be held in St Mary's Cathedral, on Thursday 26th January 2017 at 11.30 am.

The Preacher will be **the Bishop of Southwark**, the Rt Rev Christopher Chessun. Bishop Christopher is well known as the lead Bishop for Urban Life and Faith for the Church of England. He is also President of the Royal Martyr Church Union.



As usual the service will be the 1637 Scottish Liturgy, celebrated by the Bishop of Edinburgh, at which the Cathedral Choir will lead the music and sing an anthem.

All are welcome, and are invited to refreshments afterwards in the Chapter House.

Further details from Canon Allan Maclean