

Bishop of Edinburgh Lent Appeal 2018

This year we support two charities which, in their contrasting ways, offer healing and wholeness.

EMMS International is well known for its outstanding work in bringing hope and love to people who cannot afford medical care. For all the stresses and strains on our own NHS we know we are immensely privileged in comparison to many millions who live in the world's poorest countries. Through supporting EMMS we can, in our small way, help to redress this balance. In recent months it has become clear that too many, in all parts of our society, live with the consequences of sexual violence. Edinburgh Rape Crisis Centre aims to 'be there' both in the immediate aftermath of rape or abuse and, longer-term, to help victims and their families rebuild their lives. By supporting this cause we place ourselves alongside the victims – which is where the church should be (but sadly has sometimes failed to be).

I invite your prayers for these two causes and your generous support.

+John



edinburgh rape crisis centre
supporting survivors of sexual violence

Established in 1978 Edinburgh Rape Crisis Centre (ERCC) is a specialist support, advocacy and information service for women, non-binary people and members of the trans community

and young people aged 12 and over in Edinburgh, East and Midlothian who have experienced sexual violence both recently and in the past, including rape, sexual assault and childhood sexual abuse.

Our specialist, trauma-informed support and information services are free and we offer:

- Daily telephone and email support
- Advocacy support through the justice system
- Crisis support for those who have recently been raped and/or sexually assaulted
- Group and Long-term individual emotional support and counselling
- Specialist support and art therapy for young survivors aged 12-18- our STAR project
- Support for partners, family members and friends of those affected by sexual violence

Unfortunately the need for our service is greater than ever. Over the past year our waiting list for long-term support and counselling has doubled. Rape and sexual abuse changes lives - and so do we. As a small charity we're very grateful to receive your support, which helps us to continue to provide our life-changing work.

Charity no. SC006208

www.ercc.scot

 @EdinRapeCrisis

 @edinburghrapecrisis

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EMMSInternational
Health for Today, Hope for Tomorrow

EMMS International is a Christian overseas healthcare charity founded in 1841. Dr David Livingstone was among our earliest members. Following the example of Jesus Christ, EMMS

International works with partners in India, Malawi and Nepal to transform lives through compassionate, effective and sustainable healthcare.

We live in an unjust world that tells those who are sick and poor that their lives don't matter.

Paralysed by spinal tuberculosis, Brenda spent her days on the concrete floor of her dark, two room home in Mulanje, Malawi. Unable to move, her body was covered in sores. Her life was wasted in agony while her children looked on, helpless. Brenda remembers the day she first met nurse Annie. "She lit up my life. Her care, her smile told me that I matter."

Your support means Christian charity EMMS International can provide more specialist nurses like Annie to give the care that Brenda needs.



Nobody should be left sick and alone. Home visits by committed Christian healthcare workers are a lifeline to people in rural Malawi. Without them they couldn't get the care, pain relief and support they need. A gift of £32 can help people stay comfortable during their illness. **You can show that lives like Brenda's matter. That every life matters.**

charity no. SC032327

www.emms.org



@emmsintl



@emmsinternational

Donations should be made payable to your local church

If you are eligible for GIFT AID, contact your treasurer, to maximise your contribution.

For any information please contact the Diocesan Office on 0131 538 7044

or email: bpsec@dioceseofedinburgh.org