Optional Workshops 10:50am

 \bigcirc = children welcome too (age 6 and over)

Reading the Bible in Community (25 spaces)

Bible reading is often seen as an individual exercise yet when done creatively and in community can bring renewed spiritual transformation to all ages, congregations, fellowship groups, even families!

Fiona McDonald (The Bible Society)

Lady Chapel

Creative ways of helping your church to pray (15 spaces)

This workshop will help you to think strategically about growing and nurturing the prayer life of your church. Participants will also have an opportunity to share ideas.

Audrey Couper (Linlithgow) **Charles Chapel**

Fischy Songs for church and primary schools (40 spaces) 🙂

Increase your confidence in using songs in church and schools; discover new resources and learn about the role of singing in developing emotional, social and spiritual wellbeing. Stephen Fischbacher & Lesley Cameron (Fischy Music) Song School

Come and experience Godly Play (12 spaces)

Godly Play offers a creative, child-centred way to enter into and experience stories. In Godly Play, we play with the language of God and God's People; our sacred stories, parables, liturgical actions, and silence.

Katie McGlew (St Ninian's)

Library

Upper Room

Engaging with your local school (15 spaces)

Explore practical ways churches can engage with their local school- both in providing input to the school curriculum and engaging with the school community.

Lesley Crawford (Scripture Union)

Reaching out to families (30 spaces)

Hear good news stories from three different churches who are reaching out to families in creative and interesting ways. Come and be inspired, ask questions and borrow some great ideas!

Claire Benton Evans and others (Youth/Children Officer) Chapter House

Working with the Homeless: Soul Food - The Power of the Table (20 spaces)

This is about what we have learned by inviting our neighbours, many of whom are homeless, to dinner. We found that around a table significant things happen: poverty is challenged, lives are changed & community is built. We will talk about what inspired us to begin such a meal & the practical journey we took to make Soul Food happen.

Rich & Jenny Cornfield (Mustard Seed)

Chancel

Optional Workshops 12 Noon

Faith and a Future: Discrimination on the basis of Religion or Belief in Education (30 spaces)

Christian Solidarity Worldwide (CSW) works for religious freedom for all through advocacy and human rights. Come and hear about Faith and a Future, our new campaign, tackling the discrimination and abuse that's seen in schools across many countries. Together we want to ensure that no child is punished for their faith.

Ruth Donaldson (Christian Solidarity Worldwide) Chapter House

How can we ensure that people with dementia and their carers continue to feel included in our Faith Communities? (20 spaces)

The workshop will provide an opportunity to share concerns, information about dementia, ideas and practical suggestions.

Mary Marshall (Faith in Older People)

Chancel

Fischy Songs for church and primary schools (REPEAT - 40 spaces)

Increase your confidence in using songs in church and schools; discover new resources and learn about the role of singing in developing emotional, social and spiritual wellbeing.

Stephen Fischbacher & Lesley Cameron (Fischy Music) Song School

Making Church Accessible: Welcome to the banguet! (25 spaces) \odot

"When you gather to eat, you should eat all together." 1 Corinthians 11 v.33 How often do you sit to eat with all the people of God, regardless of physical or intellectual ability, mental health, social status or age? Come, sit a while with us. Appreciate who's present. Notice who's missing. Wonder "why"?

Rosie Addis and Lynsay Downs (Deaf Church/Penicuik)

Lady Chapel

A taste of Messy Church (15 spaces)

Messy Church is wrongly characterised as "crafts for kids" but if it is done properly it can be real church which has just as much impact on adults as it does on children. This workshop will give a brief taste and overview of Messy Church.

Reuben Addis (Messy Church)

Library

Mindfulness: Looking East in Winter (15 spaces)

A practical introduction to watchful meditation (mindfulness) in the Christian tradition. John McLuckie (Vice Provost) **Charles Chapel**

Voice for Life: A Programme for Singers and Choirs (15 spaces)

Voice for Life, from the Royal School of Church Music, is an exciting learning curve for all church singers, which helps choir members and singers to gain skills and confidence. Come and experience this together.

Sheila Chisholm (St Peter's, Lutton Place)

Upper Room