

Lent 2019 Resources



Personal Devotions

Books

[Celtic Lent: 40 Days of Devotion to Easter](#) David Cole, BRF, (£8.99)

“Drawing on primary sources of pastoral letters, monastic rules and the theological teaching of the Celtic church, the author presents a different perspective on the cross of Christ and draws us to see our own life journeys with a new and transforming vision.”

[At Home in Lent: The Story of Lent in 46 Objects](#) Gordon Giles, BRF, (£8.46)

“Gordon Giles spends each week in a different room gleaning spiritual lessons from everyday household objects. You might discover the finding God in the normal pattern of life- even in the mundane- transforms how you approach each day.”

[The Art of Lent: A Painting a Day](#) Sister Wendy Beckett, SPCK, (£9.99)

“Illustrated in full colour with over forty famous and lesser-known masterpieces of Western art, this beautiful book will lead you into a deeply prayerful response.”

[Let Me Go There: The Spirit of Lent](#) Paula Gooder, Canterbury Press, (£8.94)

“In forty short sections suitable for daily reading, Paula reflects on a theme associated with the season of Lent: wilderness, journey, fasting, taking up your cross, discipleship, prayer and temptation.”

[The Glory of the Cross: Reflections from the Gospel of John](#) Good Book Co. (£5.94)

“These daily readings present deep theology in a concise and understandable way. Each week, you’ll read through chapters of John’s Gospel with a carefully selected prayer drawn from the rich work of writers throughout church history.”

[The Heart’s Time; A Poem a Day](#) Janet Morley, SPCK, (£9.99)

“Packed with riches yet highly accessible, The Heart’s Time is at its core a series of short, resonant poems for each weekday of Lent and Easter. It will appeal to existing poetry lovers as well as those who want to start exploring how poems can be a resource for our spiritual lives”

[Lent and Easter Wisdom from St. Benedict](#) Judith Suter, Liguori, (£5.79 on Eden)

“One of Liguori’s popular series of Lent meditation books provides not only Scripture readings for each day, but pairs them with a selection from the writings of St. Benedict and his Rule, and provides a suggested activity for Christian living during the Lenten season.”

Websites

[40 Acts: The Generosity Challenge](#). *stewardship*

“Every day throughout Lent, wake up to a new generosity challenge and short Bible-based blog straight to your inbox. Each act is designed to sharpen your awareness and give you practical ways to stretch your faith.”

[#DoInicething](#) *Love your Streets*

#DoINiceThing suggests a simple idea each day, which require not much thought or pre-planning, to bless the people around you - serving others and the wider community.

Small Groups/Courses

Books

[Feast or Famine: How the Gospel Challenges Austerity](#) Simon Barrow, *Ekklesia*, (£6.99)

“A course that considers the practical issues of economic austerity versus plenty. Each week includes an original reflection by a writer and activist concerned with social justice and includes Bible readings, prayers, discussion and action points.”

[At the Cross Lent Study Guide](#) CPO, (£4.99)

“We consider the experiences of six Bible characters who witnessed the crucifixion of Jesus. With textual and historical insights, alongside group discussion, their stories can help us find a fresh perspective.”

[Nothing More and Nothing Less](#) Virginia Moffatt, *DLT*, (£6.99)

“This course uses the movie ‘I, Daniel Blake’ as an opportunity for us to question why so many people in our society are suffering and what we can do in response. Each session includes suggested video clips, reflection points, Bible readings, prayers and practical suggestions.”

[From Now On](#) Rachel Mann, *DLT*, (£6.99)

Based on the hugely popular recent film *The Greatest Showman* about the founder and stars of the Barnum & Bailey Circus, this 5 week course is ideal for Lenten study of Christian themes of hope, redemption and new life. With discussion points, biblical reflections and prayers based on short excerpts.

[The Joy of the Gospel](#), Paula Gooder, *CHP* (£7.99)

“Widely recognised as offering wisdom for all Christians in a culture that is often hostile to the church, Pope Francis’ reflection on mission (*Evangelii Gaudium*) offers a positive and realistic approach to sharing faith in the modern world, and this Lent course introduces its key themes to readers of all denominations and challenges us to consider its application in our own contexts.”

Free Downloads

[Broken: A Six Week Study Course for Lent](#) Paula Gooder, *Diocese of Birmingham*

“A course shaped around the TV series ‘Broken’, which focuses on the life and ministry of a Roman Catholic Priest. The series raises many questions along the way about how to live faithfully when life is very hard.”

[The Mystery of God Lent Course 2019](#) Churches Together in Britain and Ireland

“This course delves more deeply into the mystery of God, seeking to rediscover what it is that draws us so deeply in our search for God through scriptural readings, theological reflections and ideas for action.”

[Living Fruitfully](#) Embrace the Middle East, Free download, or paper copy (£1.50)

“Journey with Embrace using our six session study guide. Explore the fruits of the Spirit and other key New Testament passages on growing in Christ-likeness; reflect on Jesus’ own character; and be further inspired by our partners as they live fruitfully to bring transformation to those experiencing poverty or injustice in the Middle East today.

Church Resources

“These rites have been authorised for use by SEC churches for an experimental period until they are submitted to the General Synod for the formal canonical process of permanent authorisation.”

[Ash Wednesday: A Rite for the Beginning of Lent](#)

[Sixth Sunday of Lent: Palm Sunday](#)

[Maundy Thursday: Eucharist of the Lord's Supper](#)

[Good Friday: Liturgy of the Lord's Passion](#)

[The Vigil of Easter](#)

[Worship in the Wilderness: Church Service Pack](#) Sara & Sam Hargreaves, CPO (£12.00)

“Explore the theme of wilderness through subjects such as simplicity, silence, sorrow, truth-speaking and being led by the Spirit. This pack is an A4, 48 page full colour book with service outlines for six weeks of Lent.”

[Together for a Season: Lent, Holy Week and Easter](#) CHP (£5.00)

“Aimed at all those planning and leading worship and/or those working with children and adults in groups, it offers a rich array of creative material designed to bring to life the seasonal liturgy of Lent, Holy Week and Easter, including Pentecost.”

[Christian Aid Resources](#) (Free Downloads)

Count your Blessings 2019 Calendar - “Journey through Lent with fisher folk from the Philippians
Lent Lunches - “Everything you need to organise, with ‘how-to’ guide and printable placemats.”
Giving up? – “Give up for Lent and get friends and family to sponsor you.”

[40 Acts](#) stewardship (Free Downloads)

“In 2019, the theme for the church resources is ‘40acts in Acts’ – examining the generosity of the early church via the book of Acts., with resources also available for individuals and schools.”

Children and Young People *(Contact [Claire Benton Evans](#) for loads more ideas)*

[Wild Lent: Discovering God through Creation](#) Rachel Summers Kevin Mayhew (£5.99)

“Many people find that they experience spiritual connection more readily with the outdoors. Wrap up warm, head outside and make a shadow clock, lie in a hammock, have a sunrise breakfast walk, go on a giant egg hunt...and share God's creation with others.”

[My Easter Activity Book: 40 Days until Celebrate Jesus' Resurrection](#) Catherine Mackenzie The Good Book Co. (£3.99)

“40 days to go until we celebrate the resurrection of Jesus Christ, the Son of God. There are puzzles and codes, activities and crafts and a full colour pull-out calendar.”

[Messy Easter: for Lent, Holy Week and Easter](#) Jane Leadbetter, CPO, (£6.99)

“A wealth of activities for your Messy Church- creative prayers, games, food crafts, craft templates and ideas for organising an Easter trail.”

[Lent and Easter Downloads](#) BRF, (various)

Three books to download, each with loads of seasonal ideas for families and children.