

North Scotland

Freswick Castle, near Wick
<https://www.freswickcastle.com/>

Fir Chlis House of Prayer, Tongue
<https://www.scottish-episcopal-northwest-anglican.co.uk/tongue-st-mary-s-fir-chlis>

Coach House, Kilmuir, near Inverness
<http://www.coachhousekilmuir.org/>

St Columba's Alturlie Point, near Inverness
https://www.pcnbritain.org.uk/locations/places/the_sanctuary_at_st_columba_house

Sara Maitland's Hermitage, Highlands
<http://www.saramaitland.com/hermitage.html>

Pluscarden Abbey, Elgin
<https://www.pluscardenabbey.org/>

Blairmore House, Huntly
<https://ellel.org/uk/about/ellel-scotland/>

Cairngorms Christian Centre (used to be Badenoch), Kincaig
<http://www.cairngormschristiancentre.co.uk/>

Craig Lodge, Dalmally
<http://www.craiglodge.org/>

St Drostan's Lodge, Glenesk, Aberdeenshire
<http://www.stdrostans.org/>

The Atholl Centre, Pitlochry
<https://www.athollcentre.org.uk/>

Windmill Christian Centre, Arbroath
<https://windmillchristiancentre.org.uk/>

Iona Abbey, Iona
<https://iona.org.uk/island-centres/>

Cnoc a' Chalmain, Iona
<http://www.catholic-iona.com/>

Bishop's House, Iona
<http://www.island-retreats.org/iona.html>

South Scotland

St Joseph's Retreat Centre, Dundee *(not sure if this is still open)*
<https://www.stjosephsretreatcentre.org.uk/>

The Bield, near Perth
<https://www.bielfatblackruthven.org.uk/>

St. Mary's Monastery, Kinnoull, Perth
<https://www.kinnoullmonastery.co.uk/>

Charis Foundation, Leslie, Fife (non residential)
<http://www.charisfoundation.co.uk/retreat/>

St Barnabas Church, Moredun, (non residential)
<https://edinburgh.anglican.org/find-a-church/st-barnabas-moredun-edinburgh/>

Nunraw Abbey, near Haddington
<http://www.nunrawabbey.com/>

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Emmaus House, Edinburgh
<http://emmaushouse-edinburgh.co.uk/>

Ignatian Spirituality Centre, Glasgow (non residential)
<https://www.iscglasgow.co.uk/>

Cathedral of the Isles, Cumbrae
<http://www.island-retreats.org/cumbrae.html>

Whichester Christian Centre, near Hawick
<https://www.whichester.org.uk/>

Smithstone House of Prayer, Kilwinning, N Ayrshire
<https://www.smithstonehouse.org.uk/>

Benedictine Convent, Largs
<https://www.tyburnconvent.org.uk/site.php?menuaccess=227>

Elshieshields Tower, near Lockerbie
<http://elshieshields.co.uk/>

Lochhouse Farm, near Moffat
<http://www.lochhousefarm.com/christian-retreat-small-conference/>

Northern England (for more see <http://www.retreats.org.uk/>)

Alnmouth Friary, near Alnwick
<http://www.franciscans.org.uk/where-we-are/retreat-or-stay/alnmouth-ssf>

Northumbria Community, Morpeth
<https://www.northumbriacommunity.org/>

Shepherds Dene, Riding Mill, Northumberland
<http://shepherdsdene.co.uk/>

St Aidan and St Hilda, Open Gate House, Lindisfarne
<https://www.aidanandhilda.org.uk>

Marygate House, Lindisfarne
<http://marygatehouse.org.uk/>

St Cuthbert's Centre, Lindisfarne
<http://www.holyisland-stcuthbert.org/>

Rydal Hall, Ambleside
<https://rydalahall.org/>

Holyrood House, Thirsk, North Yorkshire
<http://www.holyroodhouse.org.uk/>

Mainly for young people:

Quiraing Lodge, Skye
<http://www.columba1400.com/locations/quiraing-lodge>

Wiston Lodge, Biggar
<https://wistonlodge.com/>

Mentioned but closed (or unable to track down):

Key House, Falkland
Garden Cottage, Bridge of Earn

Link to the (OLD) SEC retreats guide on the SEC website:

https://www.scotland.anglican.org/wp-content/uploads/2014/02/retreats_handbook.pdf