

# Lent 2020 Resources



## Personal Devotions

### Books

**[#LiveLent: Care for God's Creation](#) Church House Publishing, (£1.99)**

“With daily readings, reflections and prayers shaped around the biblical account of creation, this small booklet explores the urgent need for humans to value and protect the abundance God has created and helps us live in greater harmony with God, neighbour and nature.”

**[Sacred Space for Lent 2020](#) Irish Jesuits, Messenger, (£4.50)**

Based on the Sacred Space prayer website, this book continues the winning format of Scripture readings, points of reflection, a weekly topic and six steps of prayer and meditation.

**[The Way of Benedict](#) Laurentia Johns, SPCK, (£9.99)**

In this deep and practical book, Sr Laurentia distils the sixth-century Rule of St Benedict as a series of blessings. Closely based on Scripture, the Rule highlights that the whole of life has a Lenten character and points to a joyful eternity. Ideas for reflection and action are also included.

**[Dust that Dreams of Glory](#) Michael Mayne, Canterbury Press (£10.99)**

This book collects together seasonal material for Ash Wednesday through to Holy Saturday, including a sequence of seven meditations on the words of Christ from the cross. Can be used both as a preaching and devotional resource.

**[My Sour-Sweet Days](#) Mark Oakley, SPCK (£9.99)**

‘40 well-chosen poems by George Herbert, each followed by a short but profound reflection by Mark Oakley. The combination is excellent: richly expressive poems and accessible personal meditations. This book powerfully demonstrates how poetry can bring comfort, refreshment and renewed energy to our spiritual lives.’

**[Soul Journey](#) Margaret Silf, DLT, (£12.99)**

Lent is a journey of hope and faith and this book is a day-by-day companion to help you find the Way, to be revitalised and to discover fresh horizons. With daily meditations on Scripture, and a weekly reflection on the journey travelled so far, it offers resources to help draw closer to God.”

## Websites

**[40 Acts: The Generosity Challenge.](#) Stewardship**

“Every day throughout Lent, wake up to a new generosity challenge and short Bible-based blog straight to your inbox. Each act is designed to sharpen your awareness and give you practical ways to stretch your faith.”

**[Pray as you go Lent Retreat](#) Pray as you go**

The 2020 material is not published yet, but here you can find the previous few years lent retreat podcasts published by the online prayer app *Pray as you go*. Look out for new material soon.

**[An Ignatian Prayer Adventure](#) (From ‘The Ignatian Adventure’, Kevin O’Brien, SJ)**

An adapted version of the Spiritual Exercises of St Ignatius, perfectly timed as an 8 week Lent and Easter retreat. Rich materials are offered daily for a regular period of prayer and reflection on scripture. Flexible and adaptable with links to many extra online resources.

## Small Groups/Courses

### Books

**[Journeying through Lent](#) Sally Welch (ed), BRF (2.99)**

“This affordable resource provides daily bible studies, reflections and weekly group discussion ideas at a highly affordable price. It encourages groups and individuals to share their experiences and reflect together on the Lent journey as a church community.”

**[Walking the Way of the Cross](#) Stephen Cottrell, Paula Gooder, Philip North, CHP (£9.99)**

“Readings, images, prayers, reflections on the traditional Stations of the Cross for personal or group use. This seasonal companion provides a sequence of fifteen meditations, each accompanied by short reflections from different perspectives by three of today's very best spiritual writers.”

**[A Way through the Wilderness](#) Paula Gooder, CHP (£5.99)**

When faced with times of crisis or challenge, many people turn to self-help for support. But what about Christians - how can we find strength not merely in self-help but in God's help? This 5 session course explores God's promise to comfort his people as they struggle through life's wildernesses. With extensive guidance for leaders as well as for group members.

**[Superstar](#) David Wilbourne York Courses (£3.10 – £14.70)**

“This 5 session course with audio CD, transcript and course booklets available, explores the themes of some iconic lyrics from 1970s musical Jesus Christ Superstar.”

**[Where the Lost Things Go](#) Lucy Berry, DLT, (£6.99)**

Based on the recent movie Mary Poppins Returns this Lent course for small group or individual study skilfully draws out some of the themes and shows how we can consider them more deeply alongside passages from Scripture.

### Free Downloads

**[Opening the Scriptures: Setting our Hearts on Fire](#) Churches Together in Britain**

“Taking the story of the Emmaus Road as its starting point, the course invites us to ‘open the scriptures’ and read them with both our hearts and our heads. A weekly treasure trove of material including meditation, reflection on the passage, images, poems and song suggestions.”

**[Arts and Faith: Lent](#) Loyola Press**

A weekly online video and written reflection discussing a work of art inspired by the Sunday lectionary readings, and a daily video for Holy Week. A link is also provided to further material with an imaginative Ignatian prayer exercise to make this suitable for both groups and individuals.

**[Living with a World of Difference](#) USPG**

A five session study course celebrating diversity within the Anglican Communion, the world's third largest Christian community from more than 165 countries around the globe. With stories, bible readings, prayers and questions for reflection/discussion, this free download is suitable for individual or group use.

## Church Resources

*“These rites have been authorised for use by SEC churches for an experimental period until they are submitted to the General Synod for the formal canonical process of permanent authorisation.”*

[Ash Wednesday: A Rite for the Beginning of Lent](#)

[Sixth Sunday of Lent: Palm Sunday](#)

[Maundy Thursday: Eucharist of the Lord's Supper](#)

[Good Friday: Liturgy of the Lord's Passion](#)

[The Vigil of Easter](#)

**[Christian Aid Resources](#) *Christian Aid (Free Downloads)***

“Help raise money and challenge our perspectives using the Christian Aid free online resources available, including the 2020 “Count your Blessings” and the ‘how-to’ guide for Lent Lunches.”

**[40 Acts](#) *Stewardship (Free Downloads)***

“Currently waiting for the 2020 resources to be available, 40 Acts offers In 2019, the theme for the church resources is ‘40acts in Acts’ – examining the generosity of the early church via the book of Acts., with resources also available for individuals and schools.”

**[Apprentices and Eyewitnesses](#) *Chris Thorpe, Canterbury Press (£12.99)***

“This book offers creative ideas and liturgies for incarnational worship during Lent, Holy Week and Easter and is brimming with complete service outlines, unique liturgies, prayers and resources for this important time of the Christian year.”

**[Let Justice Roll Down](#) *Anthology for Lent, Geoffrey Duncan Canterbury Press (£12.99)***

“A resource for formal and informal worship during one of the prime seasons of the Christian year, this anthology reflects the colourful and imaginative ways in which the solemnities of this season are kept.”

**[Stages on the Way](#) *Wild Goose Worship Group, (£14.99)***

“This book contains a wealth of different types of worship resources: litanies, meditations, monologues, poems, prayers, readings, scripts and symbolic actions, with helpful indices to optimise the usefulness of the materials. It offers a unique source of elements for lay and clergy worship planners and leaders.”

## Children and Young People *(Contact [Claire Benton Evans](#) for loads more ideas)*

**[#LiveLent: Care for God's Creation \(Kids\)](#) *Church House Publishing, (£1.50)***

God has given us a wonderful world to enjoy, but also to protect. This wee booklet will help children and families learn more about the amazing gift of God's creation and how we can care for it better.

**[Follow Me](#) *Amy Robinson, Kevin Mayhew (£16.99)***

“A daily Lent course for all the family, with stories, activities and reflections. Each week leading up to Easter focuses on a particular Bible passage about being called to follow Jesus.”

**[All Age Lent and Easter](#) *Nick Harding, Kevin Mayhew (£8.94)***

This book contains many suggestions to help with the planning and presentation of all-age Lent and Easter services and activities. There are games and activities for some or all of the congregation, liturgy and prayers in accessible language and talk suggestions and outlines.