**Organisations to Support Members of the Clergy**

**Introduction**

It is very important that clergy take time to look after their own mental health and well-being. To help with this, the Clergy Support Trust has published a report on how clergy thrive – we have a copy at the Diocese office. The report contains details of a number of organisations that can support clergy across a range of issues.

**Spiritual and Vocational Wellbeing**

The **London Centre for Spiritual Direction** offers resources and support for all those interested in Christian spirituality direction or exploring faith formation. [www.lcsd.org.uk](http://www.lcsd.org.uk)

**Spiritual Directors International** is an inclusive, global learning community for people of may faiths and nations who share a common passion and commitment to the art and contemplative practice of spiritual direction. The site als includes a directory of retreat centres and spiritual directors. [www.sdiworld.org/find-a-spiritual-director](http://www.sdiworld.org/find-a-spiritual-director)

The **Retreat Association** is a national Christian organization set up to help people find ways of exploring and deepening their journey with god through spirituality and prayer. [www.retreats.org.uk](http://www.retreats.org.uk)

The **Sheldon Hub** is for clery and others in ministry offering and independent supportive on-line community and a live directory of people and places covering most areas of well-being. [www.sheldonhub.org/](http://www.sheldonhub.org/)

**Physical and Mental Well-being**

The **Society of Mary and Martha at Sheldon** is a community and retreat house specializing in supporting people in Christian ministry. [www.sheldonhub.org/](http://www.sheldonhub.org/)

**Every Mind Matters** is an NHS resource that provides expert advice and practical tips to help you look after your mental health and well-being. [www.nhs.uk/oneyou/every-mind-matters](http://www.nhs.uk/oneyou/every-mind-matters)

**Mind** advises and supports anyone experiencing a mental health problem through information and sign-posting, local support and care, networks and membership, campaigning and training. [www.mind.org.uk](http://www.mind.org.uk)

The **Mind and Soul Foundation** aims to bridge the gap between mental health and Christian spirituality through sharing the best of Christian thelology and scientific advances; helping people meet with God and recover from emotional distress. Resources can be found on the website that support both you and your clergy. [www.mindandsouldfoundation.org/](http://www.mindandsouldfoundation.org/)

**Relationships**

**Bridge Builders** provides training and shares resources and ideas to support church leaders and congregations in the challenging task of living as models of reconcilitation. [www.bbministries.org.uk/](http://www.bbministries.org.uk/)

**The Family Mediation Council** provides information about suitable local mediations services as well as offering mediation itself. [www.familymediationscouncil.org.uk](http://www.familymediationscouncil.org.uk)

**Broken Rites** supports clergy spouses/partners who are experiencing difficulty in their relationships. [www.brokenrites.org](http://www.brokenrites.org)

**Lawworks** is a charity offering legal advice to those who are not eligible for legal aid and cannot afford to pay. [www.lawworks.org.uk](http://www.lawworks.org.uk)

**Financial and Material Well-being**

**The Clergy Support Trust** aims to promote and sustain the well-being of Anglican clergy and their dependents. It can provide financial grants to households experiencing hardship or other needs. [www.clergysupport.org.uk](http://www.clergysupport.org.uk)

The **Cleaver Ordination Candidates Fund** supports Anglican ordinands committed to a traditional Catholic understand of the priesthood and episcopate and offers grants to support candidates exploring a vocation to the priesthood. [www.cleaver.org.uk/](http://www.cleaver.org.uk/)

The **Money Advice Service** is a UK government website fiving free, impartial advice on money matters. [www.moneyadviceservive.org.uk](http://www.moneyadviceservive.org.uk)

The **Foundation of EdwardStorey** can provide help, grants and accommodation to those closely connected to the clergy of the SEC. [www.edwardstorey.org.uk](http://www.edwardstorey.org.uk)

**Citizens Advice** can provide help and advice on a range of different topics. [www.citizensadvice.org.uk](http://www.citizensadvice.org.uk)

The **Ordinands’ Association**  lists several funds that can help ordinands in financial need. <https://ordinands.wordpress.com/finance/financial-hardship/>

**Participation Wellbeing**

**AWESOME (Anglican Women Evangelicals: Supporting our Ordained Ministries)** is a network of women ordained into the Anglican Church from across the evangelical spectrum. It includes all stages of ministry up to and including those who are retired. <https://awesome.org.uk>

**Workplace Chaplaincy Mission UK (CMUK)** is a network of over 500 practitioners engaged in workplace chaplaincy mission. [www.workchaplaincyuk.org.uk](http://www.workchaplaincyuk.org.uk)

**Living Out** is an evangelical group helping churches and same-sex attracted Christians find a plausible way of living out a biblical perspective on sexuality, [www.livingout.org/](http://www.livingout.org/)

**AMEN (Anglican Minority Ethnic Network)** is an independent group promoting the presence and participation of Minority Ethnic Anglicans in all structures of the Church of England in the service of the Gospel of Jesus Christ. Useful resources for the SEC. [www.churchofengland.org/more/policy-and-thinking/our-views/race-and-ethnicity](http://www.churchofengland.org/more/policy-and-thinking/our-views/race-and-ethnicity)