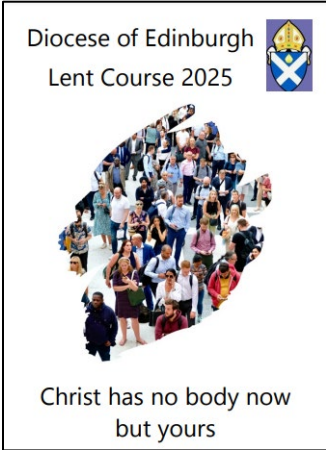

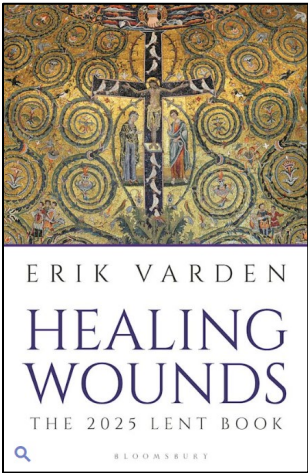


## Lent Resources: New for 2025

(Last updated 25<sup>th</sup> February)

 <p>Diocese of Edinburgh Lent Course 2025</p> <p>Christ has no body now but yours</p>	<p><b><i>Edinburgh Diocese Lent Course 2025</i></b></p> <p>Edinburgh Diocese</p> <p><a href="#">Available to download</a></p>	<p>A Lent reflection course based on an exploration on two key prayers of the Christian tradition – “<i>Christ has no body but yours</i>”, attributed to Teresa of Avila, and “<i>God be in my head</i>” from the Sarum Primer.</p>
 <p><b><i>The Sower and the Seed</i></b></p> <p>Susan Mansfield (Heart in Pilgrimage)</p> <p><a href="#">Register here</a></p>	<p>Spring: a season of sowing seeds and watching for green shoots. A time for noticing new growth and wondering what has germinated in the long winter months. A time to think about what we plant, what is planted in us and what is the ground of our being. To shed new light on old parables and look for seeds of hope in difficult times. And to consider the Sower, in whose hands new life flourishes.</p> <p>This Lenten series is designed to be flexible, to fit in to daily life in whatever way suits you best. Each week, there is a new audio reflection along with a selection of related material to read and ponder which includes poetry, images, Scripture and other writing. Use it daily or 2-3 times per week.</p>	
 <p>ERIK VARDEN <b>HEALING WOUNDS</b> THE 2025 LENT BOOK</p> <p><a href="#">Available to Purchase</a></p>	<p><b><i>Healing Wounds The 2025 Lent Book</i></b></p> <p>Erik Varden</p> <p><a href="#">Available to Purchase</a></p>	<p>Are we healed through our wounds or are our wounds themselves healed from some other source? In this 2025 Bloomsbury Lent Book, Erik Varden starts by examining the New Testament where it spells out why Christ's wounds were efficacious for the healing of humankind. He contends that while this theological perspective is fundamental, it often falls short of addressing the emotional and spiritual needs of believers.</p>

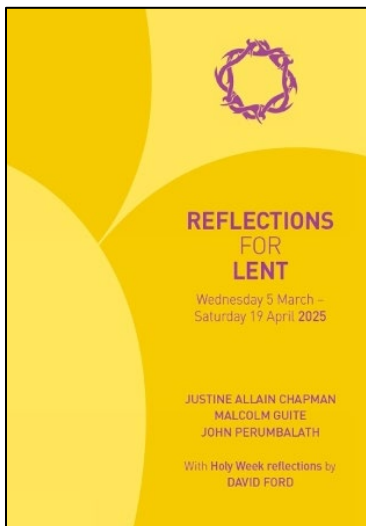


**BRF Lent Book:  
Wild Bright Hope**

Archbishop of  
Canterbury's Lent  
Book for 2025

[Available to Purchase](#)

This hugely heartening book on hope will galvanise readers into looking at the world and the challenges we're facing in a new way. It gathers together a fantastic range of lively, up-and-coming writers who are willing to dig deep. Here they write passionately about what gives them hope, in reflections including Seeds of unity, A beautiful and messy awakening, Kingdom diplomacy across faiths, A vision for hope in politics, Wild paths of peace and Hope in suffering. Wild Bright Hope urges us not only to embrace a more hopeful perspective, but also to consider how we ourselves might play a full part in bringing in the kingdom of God. Each reflection includes an essay and a set of reflection questions to guide and engage group discussion.



**Reflections for  
Lent**

The Venerable Dr  
Justine Allain  
Chapman  
Malcolm Guite  
John Perumbalath  
David Ford

[Available to Purchase](#)

Reflections for Lent is designed to enhance your spiritual journey through the forty days from Ash Wednesday to Holy Saturday.

Covering Monday to Saturday each week, it offers reflections on readings from the Common Worship Lectionary, written by some of today's leading spiritual and theological writers. Each day includes: Full lectionary details for Morning Prayer, A reflection on one of the Bible readings, A Collect for the day



**The Lent  
Encounter 2025 –  
Through the  
wilderness**

Scottish Bible Society

[Free to register](#)

This Lent we're taking the book of Exodus as our guide on a journey through the Red Sea and into the wilderness. Your free daily devotionals delivered to your inbox will help you to read your Bible every day and make space for Jesus to shape your heart and life this Lent. Together we'll discover why God led his people into a desert for 40 years, how they became his covenant people and the ways this extraordinary story points forward to the new covenant in the life, death and resurrection of Jesus Christ.



***It's Going to be Fine! An Easter Rhyme (Toddler) and It's All True! He's Risen for You! (Primary)***

Scottish Bible Society  
[Available to Purchase](#)  
[Available to Download](#)

Easter resources featuring a children's Easter booklet, accompanied by a pop-up service and a children's activity pack. There is also a pop-up Pentecost service, and additional resources which are free to download.

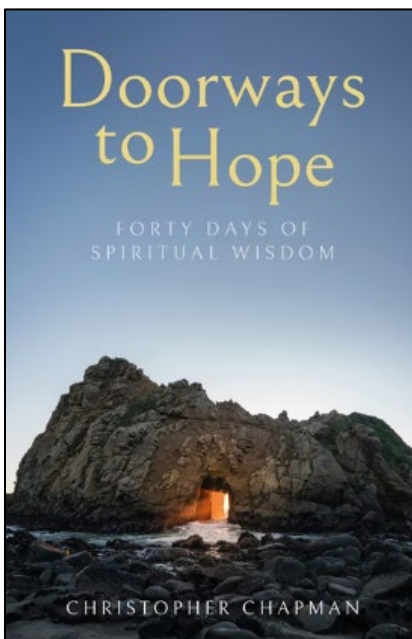


Range of Resources from Christian Aid

[Available to download here](#)

Selection of Easter and Lent resources including:

- Lent lunch
- Act on Poverty Lent course

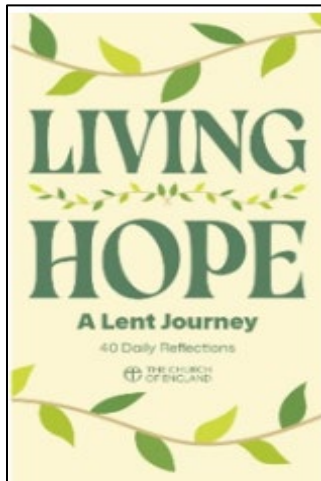


***Doorways to Hope  
Forty days of  
spiritual wisdom***

Christopher Chapman

[Available to Purchase](#)

When so much seems to be falling apart, it is a struggle to find ground for hope. In forty daily reflections, Christopher Chapman explores the nature of hope and offers ways of cultivating and practicing it. Avoiding wishful thinking or 'looking on the bright side', he offers a hope rooted in a God whose dynamic, creative breath is always bringing the new into being. This hope is incarnate and redemptive, forever coming along side us to renew what is broken. It is relational, drawing all into a life of giving and receiving. The door of hope is open and God steps through it with purpose and compassion. Here is a spirituality of hope that engages with what is real and brings about change. Doorways to Hope invites us to join in the flow of hope and step out in God into all that needs healing. This is a liberating, encouraging book for all who feel powerless in the face of the pain of the world or hemmed in by personal circumstance.

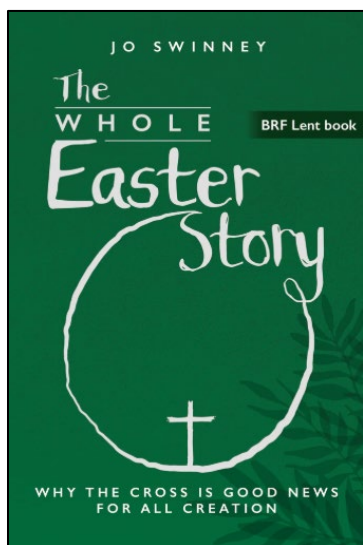


***Living Hope - 40 daily reflections for Lent***

Cathrine Fungai Ngangira, Belle Tindall, Victoria Mason

[Available to Purchase](#)

Church of England's theme for Lent 2025, Living Hope invites you to explore the hope God offers us – not wishful thinking, but something real, robust, alive. Each week it considers the idea of hope from a different angle as we journey with Jesus on the road that leads to the cross – and beyond, to the transforming hope of Easter Day.

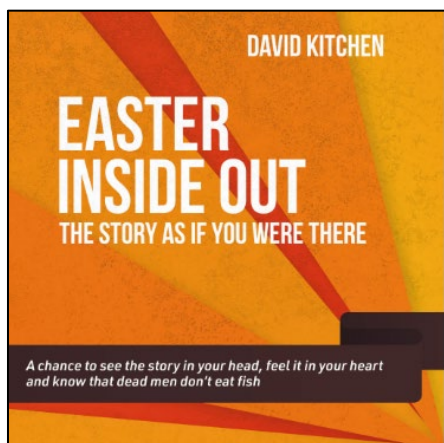


***The Whole Easter Story: Why the cross is good news for all creation***

Jo Swinney

[Available to Purchase](#)

Explore the profound meaning of Easter beyond personal spirituality. There is no doubt that each of us has a place in the Easter story, but what happened on the cross is not just a story of me and Jesus. It is far deeper and wider than that. In this Lenten journey, Jo Swinney explores the broader impact of the Easter story on God's relationship with creation. Through Bible readings, reflections and stories from A Rocha's global conservation efforts, discover how the cross transforms not just our own individual connection with Jesus, but also our relationships with each other and our world.



***Easter Inside Out: The story as if you were there***

David Kitchen

[Available to Purchase](#)

Step into the Easter story... Acclaimed storyteller David Kitchen reimagines the Easter narrative through a varied cast of characters, from Mary Magdalene to Caiaphas. If you want to understand who might have been where and doing what as the Easter story unfolds, this book gives you answers. It also lets you sense what it could have been like to be one of those involved in the twists and turns of one of the most extraordinary stories in the whole of history.

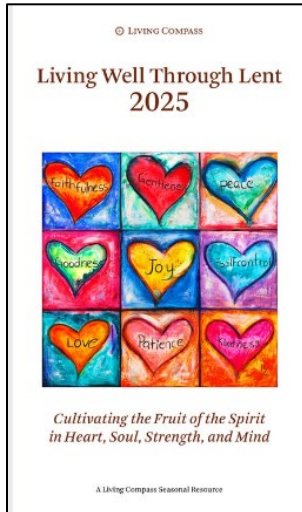


***Sacred Space for Lent 2025***

The Irish Jesuits

[Available to Purchase](#)

Sacred Space Lent 2025 continues the tradition of Scripture reading, points of reflection, a weekly topic and six steps of prayer and meditation. The handy format makes this an idea book for pocket, brief case, handbag or even the glove compartment of the car!



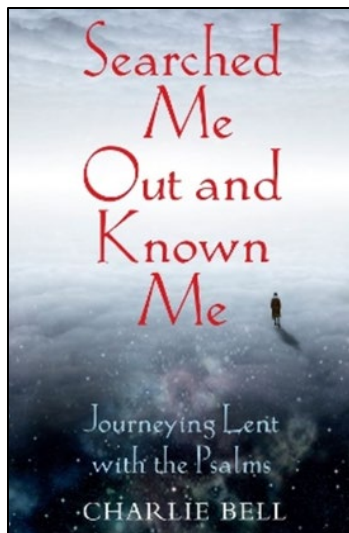
***Living Well Through Lent 2025: Cultivating the Fruit of the Spirit In Heart, Soul, Strength, and Mind***

[Available to Purchase](#)

[Available as free download](#)

Living Well Through Lent 2025: Cultivating the Fruit of the Spirit In Heart, Soul, Strength, and Mind

Written by The Rev. Dr. Scott Stoner and featuring reflections from eight guest writers: The Rev. Molly Bosscher, Robbin Brent, The Rev. Canon Randy K. Callender, The Rt. Rev. Brian Lee Cole, The Rt. Rev. Shannon Rogers Duckworth, The Rev. Jenifer Gamber, The Rev. Gary B. Manning, and The Rev. Abigail W. Moon.



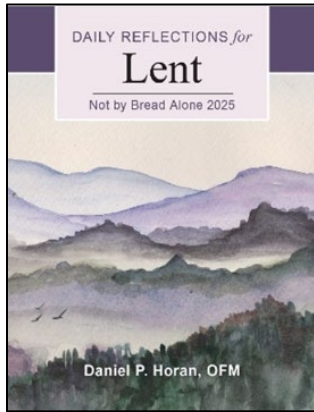
***Searched Me Out and Known Me. Journeying Lent with The Psalms***

Charlie Bell

[Available to Purchase](#)

This is first and foremost a pastoral Lent book, based on an exploration of the Psalms.

Over 15 chapters the following Psalms and corresponding themes are explored: 51 (Preparation, Repentance, Reflection, and Sin); 91 (Reliance); 102 (Lament); 32 (Sanctification); 34 (Abundance); 23 (Service); 118 (Power); 103 (Fear); 16 (Doubt); 55 (Betrayal); 116 (Companionship); 22 (Faith and Hope); 130 (Watching and waiting); 85 (Redemption through love).



***Not by Bread Alone 2025. Daily Reflections for Lent***

Daniel P Horan

[Available to Purchase](#)

Prayerfully journey through Lent with inspiring and meaningful reflections on the daily Mass readings. In just a few minutes each day, the insightful meditations of Not by Bread Alone can deepen your experience of this solemn season of prayer and penance.

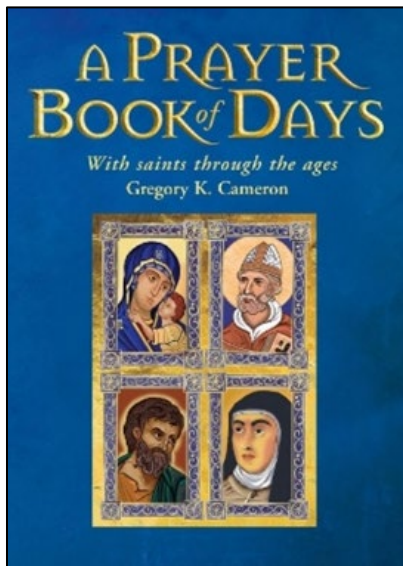


***Turning over Tables  
A Lenten Call for Disrupting Power***

Kathy Escobar

[Available to Purchase](#)

With keen insight and unwavering conviction, visionary pastor Kathy Escobar guides readers on a Lenten journey inspired by the ways of Jesus to dismantle the systems that perpetuate inequality and injustice. From flipping the moneychangers' tables in the temple to uplifting the poor and marginalized, Jesus' actions and words turn the world's idea of power on its head.

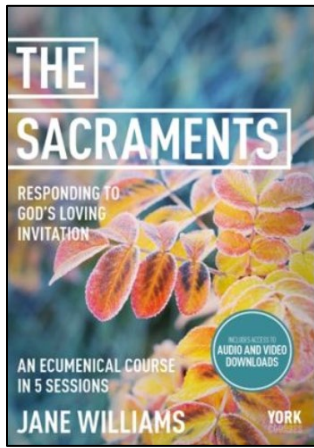


***Prayer Book of Days  
With saints through the ages***

Gregory Cameron

[Available to Purchase](#)

31 daily prayers from the treasury of Christian spirituality through the centuries. The prayers included some from some giants of the faith – St Augustine, Patrick, St Benedict, Julian of Norwich, Francis of Assisi, Clare – and also lesser known figures right up to recent times who nevertheless left a legacy of prayer that continues to nourish faith and practice today. For all readers there will be something familiar to treasure and plenty that will be new to discover. Following the pattern of An Advent Book of Days and An Easter Book of Days, each daily section includes an original icon-style illustration, a prayer, the story that lies behind it and a reflection on its significance in history and for faith today.

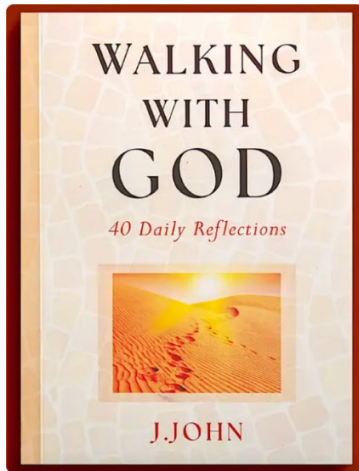


***The Sacraments:  
Responding to  
God's Loving  
Invitation***

York Courses  
By Jane Williams

[Available to Purchase](#)

Acknowledging that the sacraments can seem confusing, divisive or (frankly!) incomprehensible, Jane reveals them to be a glorious expression of God's love for the world in all its beauty and brokenness. The sacraments invite us to enter into the mystery that the world has meaning and purpose and that all things come together in Jesus. If we are willing, in loving response, to become part of the action ourselves, we will surely find ourselves not only refreshed but re-enchanted.

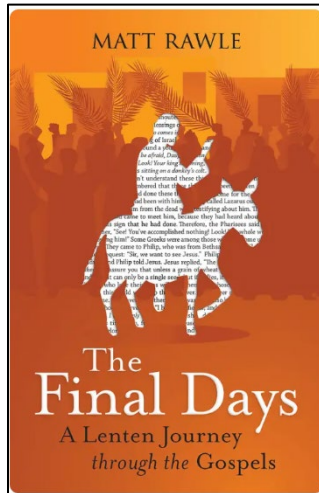


***Walking with God  
40 Daily  
Reflections***

J John

[Available to Purchase](#)

“What does God want from us?” asked the prophet Micah, a question that resonates through time. These forty devotional readings aim to guide us on our life journey, often framed as a road we must travel. We commonly describe our lives with phrases like ‘encountering obstacles’ or ‘facing uphill struggles,’ highlighting our search for direction. This collection serves as a practical guide for walking the path of life alongside God.

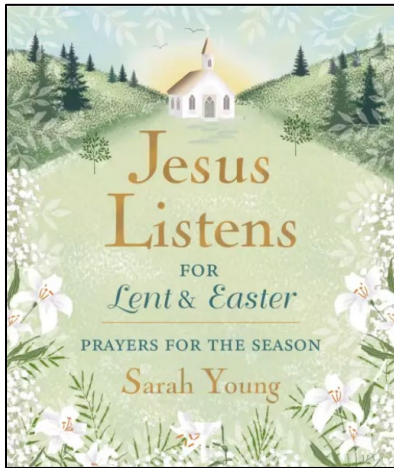


***The Final Days  
A Lenten Journey  
Through the  
Gospels***

Matt Rawle

[Available to Purchase](#)

This Lent, ponder the themes of justice, poverty, freedom, and love. The four New Testament Gospels aren't the same story, but they offer the same Resurrection hope. Matthew, Mark, Luke, and John devote most of their story detailing Jesus' last week in Jerusalem, all highlighting Jesus' triumphant entry into the city, the suffering and humiliation of the cross, and the empty tomb come Sunday morning, but the stories they tell aren't quite the same.

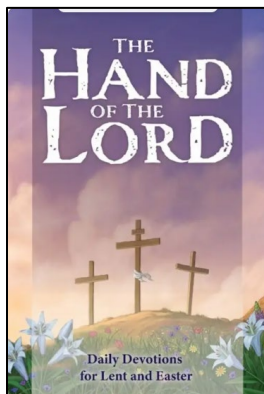


***Jesus Listens for Lent and Easter. Prayers for the Season***

Sarah Young

[Available to Purchase](#)

This devotional collection of prayers and reflections from Sarah Young's bestselling Jesus Listens® and Jesus Calling helps you walk through the season of Lent with an intentional focus on your Savior and prepares you for the joy and victory of His resurrection at Easter. Walk closely with the Lord as you read through Jesus Listens—for Lent and Easter. This inspirational devotional prayer book also includes Bible verses and words of hope from God's heart to yours.

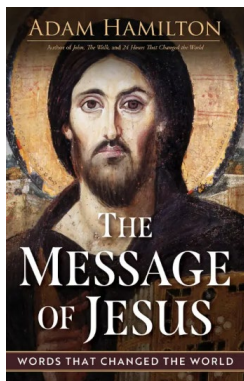


***The Hand Of The Lord Daily Devotions For Lent And Easter***

Matthew Rosebrock

[Available to Purchase](#)

This Lent and Easter devotional offers 47 short daily reflections, prayers, and Scripture for the whole family this Lenten season

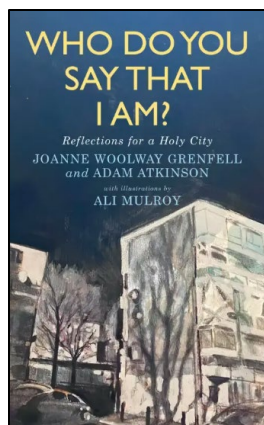


***The Message of Jesus: Words That Changed the World***

Adam Hamilton

[Available to Purchase](#)

More than 3 billion people claim to follow Jesus. But aside from a few verses, how many actually know what he taught? In fact, much of what people think Jesus taught, he never said. In this six-week study, pastor and best-selling author Adam Hamilton explores six of the most important themes in Jesus's teachings, why they matter, and how they speak to us today.



***Who Do You Say I Am?***

Joanne Grenfell, Adam Atkinson

[Available to Purchase](#)

Poetry, prayers, art and scripture meditations come together to create a reflective guide for personal and corporate devotion on the events at the heart of the Christian story from a contemporary, urban perspective. Focusing the death and resurrection of Christ, this is suitable for year-round use as an alternative form of the Stations of the Cross, but also with a special significance for Holy Week and Easter.